Thursday, February 1, 2024

Author Visit: Sadé Smith

Date and Time: Thursday, February 1 10:00 am - 11:00 am

Address: Bowmanville Library

Bowmanville Library Thursday, Feb 1, 10-11am All ages | Drop in

If you're a teacher interested in attending with your class, confirm your classroom here!

Sadé Smith is a Canadian children's book author of "Julie and the Mango Tree." She is of Jamaican descent and she loves to write stories that will allow your imagination to take you away. She is very passionate about literat ure, and writes books of representation for young readers. Join us for a special presentation with Sadé as she dis cusses her newest book "Granny's Kitchen: A Jamaican Story of Food and Family."

Tales for Toddlers (Newcastle)

Date and Time: Thursday, February 1 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Thursdays, starting January 11 (except March 14 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Harm Reduction Outreach Program (Courtice)

Date and Time: Thursday, February 1 10:30 am - 12:00 pm

Address: Courtice Library

Courtice Library

Thursday Feb 1, 10:30am-12pm Thursday Feb 15, 2-4pm

Thursday Feb 29, 10:30am-12pm

Adults | Drop in

The John Howard Society of Durham Region's Harm Reduction Outreach Program provides both information and educational materials on what harm reduction is. JHSD provides information on how to safely use substances, overdose prevention, as well as mental health information and other supports within the Region. The onsite harm reduction outreach worker is available to provide Naloxone administration and training, sharps disposal containers, drug testing kits, practical support items, and brief counselling and referrals.

Presented in partnership with the John Howard Society.

Baby Bookworms (Courtice)

Date and Time: Thursday, February 1 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Thursdays, starting January 11 10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Cultivating Happiness and Joy

Date and Time: Thursday, February 1 3:00 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library Thursdays, Jan 11 - Feb 15, 3-4:30pm Adults | Registered -- register now!

In this workshop series, our focus will be on discovering pathways to nurture happiness and joy in our daily liv es. We will examine the various factors that contribute to positive emotions while also addressing the potential obstacles that might hinder our happiness. Lastly, we'll closely explore the profound impact that happiness and j oy have on our overall sense of wellness.

New registrants are welcome to join at any point in the workshop series.

Presented in partnership with Ontario Shores Centre for Mental Health Sciences - Recovery College.

TAG (Teen Advisory Group, Newcastle)

Date and Time: Thursday, February 1 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library

Thursdays, starting Jan 11 (excluding Feb 8 and Mar 14 due to March Break)

6-7pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Thursdays at the Museum

Date and Time: Thursday, February 1 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Jan 18 to Mar 28, 6-7pm (excluding Mar 7)

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Engage, socialize, and learn, just for adults! Relax and unwind while delving into new topics each week. Disco ver new things and connect with your community!

Weekly topics:

- Jan 18: Archaeology Exhibit Launch
- Jan 25: Let the Good Times Roll, An Evening of Remembering Goodyear
- Feb 1: Family Bible Show and Tell
- Feb 8: Dominion Organ and Piano Factory, Instrument History
- Feb 15: Historic Homes of Bowmanville, "Seated" Walking Tour
- Feb 22: Heritage Week Open House
- Feb 29: Kingsway Nurseries
- Mar 14: Retro Recipe Rewind: Recipe Sharing
- Mar 21: Women's History Talk
- Mar 28: History of Dairy

Online English Conversation Circle

Date and Time: Thursday, February 1 6:00 pm - 7:30 pm

Address: Virtual

Virtual via Zoom Thursdays, starting Jan 11, 6-7:30pm (excluding Mar 13 due to March Break)

Adults and youth 16+ | Registered -- register now!

Please note: separate registration is required for each week

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, February 2, 2024

Stay and Play (Orono)

Date and Time: Friday, February 2 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

P.A. Day: Winter Games (SJWHC)

Date and Time: Friday, February 2 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Friday, Feb 2 10:30-11:30am Ages 4-8 | Drop in

Join us for winter-themed fun games and activities at the Museum!

Drop-in for other P.A. Day programs!

- Favourite Character Fun
 - Bowmanville | 10:30am | All Ages
- Groundhog Day
 - Newcastle | 10:30am | All Ages
- Winter Games
 - Sarah Jane Williams Heritage Centre | 10:30am | Ages 4-8
- Movie Afternoon: Soul
 - Bowmanville | 1pm | All Ages
- Seussical Storytime
 - Courtice | 1pm | All Ages

P.A. Day: Groundhog Day (Newcastle)

Date and Time: Friday, February 2 10:30 am - 11:30 am

Address: Newcastle Library

Newcastle Library Friday, Feb 2 10:30-11:30am All ages | Drop in

Join us at the library for a groundhog day extravaganza for kids – games, crafts, and a whole lot of fun as we ce lebrate the quirkiest weather predictor in town!

Drop-in for other P.A. Day programs!

- Favourite Character Fun
 - Bowmanville | 10:30am | All Ages
- Groundhog Day
 - Newcastle | 10:30am | All Ages
- Winter Games
 - Sarah Jane Williams Heritage Centre | 10:30am | Ages 4-8
- Movie Afternoon: Soul
 - Bowmanville | 1pm | All Ages
- <u>Seussical Storytime</u>
 - Courtice | 1pm | All Ages

P.A. Day: Favourite Character Fun (Bowmanville)

Date and Time: Friday, February 2 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Friday, Feb 2 10:30-11:30am All ages | Drop in Come dressed up as your favourite character as we read books based on TV and movie characters, and have a fun game of Book character BINGO!

Drop-in for other P.A. Day programs!

- Favourite Character Fun
 - Bowmanville | 10:30am | All Ages
- Groundhog Day
 - Newcastle | 10:30am | All Ages
- Winter Games
 - Sarah Jane Williams Heritage Centre | 10:30am | Ages 4-8
- Movie Afternoon: Soul
 - Bowmanville | 1pm | All Ages
- Seussical Storytime
 - Courtice | 1pm | All Ages

Stay and Play (Courtice)

Date and Time: Friday, February 2 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

P.A. Day: Movie Afternoon, Soul (Bowmanville)

Date and Time: Friday, February 2 1:00 pm - 3:00 pm

Address: Bowmanville Library

Bowmanville Library Friday, Feb 2 1-3pm All ages | Drop in Enjoy Pixar's Soul on the big screen! After landing the gig of a lifetime, a New York jazz pianist suddenly finds himself trapped in a strange land between Earth and the afterlife. (Rated PG)

Drop-in for other P.A. Day programs!

- Favourite Character Fun
 - Bowmanville | 10:30am | All Ages
- Groundhog Day
 - Newcastle | 10:30am | All Ages
- Winter Games
 - Sarah Jane Williams Heritage Centre | 10:30am | Ages 4-8
- Movie Afternoon: Soul
 - Bowmanville | 1pm | All Ages
- <u>Seussical Storytime</u>
 - Courtice | 1pm | All Ages

P.A. Day: Seussical Storytime (Courtice)

Date and Time: Friday, February 2 1:00 pm - 2:00 pm

Address: Courtice Library

Courtice Library Friday, Feb 2 1-2pm All ages | Drop in

Spend time with Dr Seuss! There's stories, and crafts, and word games to play. We hope that you'll join us, for a fantasical day!

Drop-in for other P.A. Day programs!

- Favourite Character Fun
 - Bowmanville | 10:30am | All Ages
- Groundhog Day
 - Newcastle | 10:30am | All Ages
- Winter Games
 - Sarah Jane Williams Heritage Centre | 10:30am | Ages 4-8
- Movie Afternoon: Soul
 - Bowmanville | 1pm | All Ages
- Seussical Storytime
 - Courtice | 1pm | All Ages

Falls Prevention Class (Newcastle)

Date and Time: Friday, February 2 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, January 12 to March 22 (excluding March 15) 1:00 p.m. to 2:00 p.m.

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Saturday, February 3, 2024

Babysitting Course (Bowmanville)

Date and Time: Saturday, February 3 10:15 am - 4:45 pm

Address: Bowmanville Library

Bowmanville Library Saturday, Feb 3 10:15am-4:45pm

Ages 11-15 | Registered -- register now!

Cost \$65.00 + non-refundable Eventbrite fees; includes participant manual.

Presented with React Right Safety Services

Recommended that attendees bring a lunch or snack.

This course teaches youth the fundamental skills they need to start their own babysitting service. A Red Cross c ertified instructor from React Right Safety Services teaches the class.

Topics include:

- How to give appropriate care for infants, toddlers and school-aged children;
- Dealing with basic First Aid emergencies;
- How to recognize potential hazards;

- What parents expect of a babysitter;
- How to safely find customers; and
- Rural babysitting.

Note: Bring a teddy bear to practice on!

Caregivers and support staff for people with disabilities are admitted free of charge.

Saturday Storytimes (Courtice)

Date and Time: Saturday, February 3 10:30 am - 11:00 am

Address: Courtice Library

Courtice Library

Alternating Saturdays starting January 20 (except March 16 due to St. Patrick's Day Storytime)

10:30-11:00am All Ages | Drop in

Join us for a fun morning of stories and songs

Monday, February 5, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, February 5 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library

Mondays, starting January 8 (excluding Feb 19 due to Family Day)

10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Zumba Gold (Newcastle)

Date and Time: Monday, February 5 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, January 8 to March 25 (excluding February 19) 6:00 to 7:00 p.m.

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba GoldWednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Tuesday, February 6, 2024

Baby Bookworms (Newcastle)

Date and Time: Tuesday, February 6 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Tuesdays, starting January 9 (except March 12 due to March Break)

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, February 6 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Tuesdays, starting January 9 (excluding March 12 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Service Canada Community Outreach

Date and Time: Tuesday, February 6 11:00 am - 2:00 pm

Address: Multiple Locations

Bowmanville Library:

Tuesday, Feb 6 11am - 2pm

Courtice Library:

Thursday, Feb 8 11am - 2pm

Newcastle Library:

Wednesday, Feb 14 11am - 2pm

Adults | Drop in

Offered in partnership with Service Canada.

Learn about Service Canada programs and resources, including Employment Insurance (EI), Canada Pension Pl an (CPP), Job Bank, and Apprenticeship Grants.

Tea and Talk (Courtice)

Date and Time: Tuesday, February 6 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Tuesdays, Jan 16, Feb 6, Feb 13, Feb 20 1:30 to 2:30 p.m. Drop in

Courtice Library Tuesday, Mar 19 1:30 to 2:30 p.m.

Registration recommended; drop in's welcome space permitting

Ages 55+

Socialize and meet new people! Join us each week for interesting speakers, fun activities, and refreshments. Sta y tuned for the weekly topics!

Also be sure to check out <u>Tea and Talk</u> in Newcastle, and <u>Tea and Talk</u>: en Français! | Thé et Conversation!

Funded by the Province of Ontario.

Weekly topics:

- Jan 16: Unleash Your Inner Dragon: Dive into the Realities of Angel Investing with DNA Angels
 - o Get ready to embark on a thrilling journey into the dynamic world of angel investing, where

innovation meets opportunity! If you've ever been captivated by the high-stakes drama of *Dragon's Den* or *Shark Tank*, this is your chance to step into the spotlight and discover the secrets of successful angel investing.

- Feb 6: Keeping Muscle as We Age with Bernice McManus
- Feb 13: Explore the Maker's Space
- Feb 20: Paint Afternoon with artist Leequette Santiago
- Mar 19: Durham Master Gardeners: Starting Plants from Seeds
 - Learn everything you need to be successful at starting seeds for planting in the spring. Also learn about the storage of seeds and when to start planting!

Wednesday, February 7, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, February 7 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Wednesdays starting January 10

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Courtice)

Date and Time: Wednesday, February 7 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Wednesdays, starting January 10 (except March 13 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, February 7 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Newcastle)

Date and Time: Wednesday, February 7 10:30 am - 11:30 am

Address: Newcastle Library

Newcastle Library Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tech Help Desk

Date and Time: Wednesday, February 7 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, starting January 10 2:00 to 4:00 p.m.

All Ages | Drop in

New year, new tech, new you! Learn all about how to master that new device you got over the holidays, or disc over how to build new skills with all the online services and resources CLMA has to offer!

TAG (Teen Advisory Group, Bowmanville)

Date and Time: Wednesday, February 7 3:30 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library
Wednesdays, starting Jan 10 (excluding Feb 14 and Mar 13)
3:30 - 4:30pm
Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

LEGO Robotics

Date and Time: Wednesday, February 7 4:00 pm - 5:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Feb 7-28 4-5pm

Ages 10+ | Registered -- register now!

Build and program robots, foster creativity, and build STEM skills with LEGO in this four-week workshop!

Chair Yoga (Newcastle)

Date and Time: Wednesday, February 7 4:30 pm - 5:30 pm

Address: Newcastle Library

Newcastle Library Wednesdays, January 10 to March 27 (excluding March 20) 4:30 to 5:30 p.m.

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Thursday, February 8, 2024

Infant Hearing Screening Clinic

Date and Time: Thursday, February 8 10:00 am - 5:00 pm

Address: Newcastle Library

Newcastle Library, Study Suite Alternate Thursdays (Jan 11, Jan 25, Feb 8, Feb 22, Mar 7, Mar 21) 10am-5pm

Ages 2 months and under | Registered -- register now!

Advanced registration required for each 20 minute session through the Tri-Regional Infant Hearing Program at www.childdevelopmentprograms.ca/bookmybaby or 1-888-703-5437 x4.

Children develop speech and language skills by listening and imitating those around them, but these skills may be delayed in the case of deafness or hearing loss.

Sign up your infant for a screening if you have hearing-related concerns, and learn about the follow-up services available to your family.

Presented in partnership with Markham Stouffville Hospital, the lead agency for the Tri-Regional Infant Hearin g Program.

Baby Bookworms (Courtice)

Date and Time: Thursday, February 8 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Thursdays, starting January 11 10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Newcastle)

Date and Time: Thursday, February 8 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Thursdays, starting January 11 (except March 14 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Service Canada Community Outreach

Date and Time: Thursday, February 8 11:00 am - 2:00 pm

Address: Multiple Locations

Bowmanville Library:

Tuesday, Feb 6 11am - 2pm

Courtice Library:

Thursday, Feb 8 11am - 2pm

Newcastle Library:

Wednesday, Feb 14 11am - 2pm

Adults | Drop in

Offered in partnership with Service Canada.

Learn about Service Canada programs and resources, including Employment Insurance (EI), Canada Pension Pl an (CPP), Job Bank, and Apprenticeship Grants.

Learn New Skills with LinkedIn Learning!

Date and Time: Thursday, February 8 2:00 pm - 3:30 pm

Address: Courtice Library

Courtice Library Thursdays, Feb 8-22, 2-3:30pm Adults | Registered -- register now!

Join us for a three-week series to develop your business, software, technology, and creative skills in a dedicated study space.

Choose from thousands of online courses that match your skills level and are taught by real-world industry exp erts. Select from job search strategies and Microsoft applications to portrait photography and podcast productio n.

Whether you want to learn a new skill or get in touch with your creative side, LinkedIn Learning has something for everyone!

Cultivating Happiness and Joy

Date and Time: Thursday, February 8 3:00 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library Thursdays, Jan 11 - Feb 15, 3-4:30pm Adults | Registered -- register now!

In this workshop series, our focus will be on discovering pathways to nurture happiness and joy in our daily liv es. We will examine the various factors that contribute to positive emotions while also addressing the potential obstacles that might hinder our happiness. Lastly, we'll closely explore the profound impact that happiness and j oy have on our overall sense of wellness.

New registrants are welcome to join at any point in the workshop series.

Presented in partnership with Ontario Shores Centre for Mental Health Sciences - Recovery College.

Online English Conversation Circle

Date and Time: Thursday, February 8 6:00 pm - 7:30 pm

Address: Virtual

Virtual via Zoom
Thursdays, starting Jan 11, 6-7:30pm
(excluding Mar 13 due to March Break)
Adults and youth 16+ | Registered -- register now!

Please note: separate registration is required for each week

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Thursdays at the Museum

Date and Time: Thursday, February 8 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Jan 18 to Mar 28, 6-7pm

(excluding Mar 7)

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Engage, socialize, and learn, just for adults! Relax and unwind while delving into new topics each week. Disco ver new things and connect with your community!

Weekly topics:

- Jan 18: Archaeology Exhibit Launch
- Jan 25: Let the Good Times Roll, An Evening of Remembering Goodyear
- Feb 1: Family Bible Show and Tell
- Feb 8: Dominion Organ and Piano Factory, Instrument History
- Feb 15: Historic Homes of Bowmanville, "Seated" Walking Tour
- Feb 22: Heritage Week Open House
- Feb 29: Kingsway Nurseries
- Mar 14: Retro Recipe Rewind: Recipe Sharing
- Mar 21: Women's History Talk
- Mar 28: History of Dairy

Friday, February 9, 2024

Stay and Play (Courtice)

Date and Time: Friday, February 9 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Orono)

Date and Time: Friday, February 9 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class (Newcastle)

Date and Time: Friday, February 9 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, January 12 to March 22 (excluding March 15) 1:00 p.m. to 2:00 p.m.

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

TAG (Teen Advisory Group, Courtice)

Date and Time: Friday, February 9 3:30 pm - 4:30 pm

Address: Courtice Library

Courtice Library

Fridays, starting Jan 10 (excluding Feb 2 due to a P.A Day, and Mar 8, 15 due to March Break)

3:30-4:30pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Saturday, February 10, 2024

Valentine's Day Storytime

Date and Time: Saturday, February 10 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Saturday, Feb 10 10:30-11:30am All ages | Drop in

Join us for a heart-warming Valentine's Day Storytime adventure! Let the magic of love and stories come alive.

Saturday Storytimes (Newcastle)

Date and Time: Saturday, February 10 10:30 am - 11:00 am

Address: Newcastle Library

Newcastle Library Alternating Saturdays starting January 13 10:30-11:00am All Ages | Drop in

Join us for a fun morning of stories and songs

Maker's Space: Valentine's Mug Making

Date and Time: Saturday, February 10 11:00 am - 1:00 pm

Address: Courtice Library

Courtice Library Saturday, Feb 10, 11am-1pm

Adults and youth 12+ | Registered -- register now!

Cost \$7 + non-refundable Eventbrite fees

Create a Valentine's mug for a loved one in our Maker's Space using the Cricut Mug Press!

TAG Presents: Teen Paint Afternoon [CANCELLED]

Date and Time: Saturday, February 10 1:00 pm - 3:00 pm

Address: Courtice Library

[PLEASE NOTE THIS PROGRAM HAS BEEN CANCELLED]

Courtice Library Saturday, Feb 10 1-3pm

Ages 13+ | Registered Cost \$5 + non-refundable Eventbrite fees -- register now!

Unleash your creativity and express your inner artist with this fun follow along painting program!

Monday, February 12, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, February 12 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library
Mondays, starting January 8 (excluding Feb 19 due to Family Day)
10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Zumba Gold (Newcastle)

Date and Time: Monday, February 12 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, January 8 to March 25 (excluding February 19) 6:00 to 7:00 p.m.

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Tuesday, February 13, 2024

[CANCELLED] Bibliotherapy Durham

Date and Time: Tuesday, February 13 10:00 am - 12:00 pm

Address: Online

Bowmanville Library: Tuesday, Feb 13, 10am-12pm

Online via Zoom: Tuesday, Mar 19, 10am-12pm *NOTE: This program has been cancelled for March 19

*

Please note the January 9 instance of this program has been cancelled.

Adults | Registered -- register now!

Using guided reading techniques, join the Literacy Network of Durham Region and enjoy a variety of literary se lections that invite discussion, discovery and connection.

Bibliotherapy is a non-clinical, developmental intervention that promotes connectedness and wellbeing through guided reading groups. Reading selections are used to provide a social arena for self-reflective discussion of lit erature and poetry addressing topics related to mental, physical, emotional, developmental, or social challenges. The program is suitable for any level of reader and is designed to be inclusive, supportive, and uplifting.

Monthly topics:

• Bowmanville, Feb 13: Courage

• Online, Mar 19: Resilience

Presented in partnership with the Literacy Network of Durham Region

Baby Bookworms (Newcastle)

Date and Time: Tuesday, February 13 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Tuesdays, starting January 9 (except March 12 due to March Break)

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, February 13 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Tuesdays, starting January 9 (excluding March 12 due to March Break) 10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Tea and Talk (Courtice)

Date and Time: Tuesday, February 13 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Tuesdays, Jan 16, Feb 6, Feb 13, Feb 20 1:30 to 2:30 p.m. Drop in

Courtice Library Tuesday, Mar 19 1:30 to 2:30 p.m.

Registration recommended; drop in's welcome space permitting

Ages 55+

Socialize and meet new people! Join us each week for interesting speakers, fun activities, and refreshments. Sta y tuned for the weekly topics!

Also be sure to check out <u>Tea and Talk</u> in Newcastle, and <u>Tea and Talk</u>: en <u>Francais!</u> | Thé et Conversation!

Funded by the Province of Ontario.

Weekly topics:

- Jan 16: Unleash Your Inner Dragon: Dive into the Realities of Angel Investing with DNA Angels
 - Get ready to embark on a thrilling journey into the dynamic world of angel investing, where innovation meets opportunity! If you've ever been captivated by the high-stakes drama of *Dragon's Den* or *Shark Tank*, this is your chance to step into the spotlight and discover the secrets of successful angel investing.
- Feb 6: Keeping Muscle as We Age with Bernice McManus
- Feb 13: Explore the Maker's Space
- Feb 20: Paint Afternoon with artist Leequette Santiago
- Mar 19: Durham Master Gardeners: Starting Plants from Seeds
 - Learn everything you need to be successful at starting seeds for planting in the spring. Also learn about the storage of seeds and when to start planting!

Galentine's Evening

Date and Time: Tuesday, February 13 7:00 pm - 8:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre

Tuesday, Feb 13, 7-8pm

Adults | Registered | Cost \$25 + non-refundable Eventbrite fees -- register now!

Grab your besties to make teacup floral arrangements! Light charcuterie and beverages provided. Afterwards, en joy a guided tour of Waverley Place.

Wednesday, February 14, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, February 14 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Wednesdays starting January 10

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Courtice)

Date and Time: Wednesday, February 14 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Wednesdays, starting January 10 (except March 13 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, February 14 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Newcastle)

Date and Time: Wednesday, February 14 10:30 am - 11:30 am

Address: Newcastle Library

Newcastle Library Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Service Canada Community Outreach

Date and Time: Wednesday, February 14 11:00 am - 2:00 pm

Address: Multiple Locations

Bowmanville Library:

Tuesday, Feb 6 11am - 2pm

Courtice Library:

Thursday, Feb 8 11am - 2pm

Newcastle Library:

Wednesday, Feb 14 11am - 2pm

Adults | Drop in

Offered in partnership with Service Canada.

Learn about Service Canada programs and resources, including Employment Insurance (EI), Canada Pension Pl an (CPP), Job Bank, and Apprenticeship Grants.

Tech Help Desk

Date and Time: Wednesday, February 14 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, starting January 10 2:00 to 4:00 p.m.

All Ages | Drop in

New year, new tech, new you! Learn all about how to master that new device you got over the holidays, or disc over how to build new skills with all the online services and resources CLMA has to offer!

Chair Yoga (Newcastle)

Date and Time: Wednesday, February 14 4:30 pm - 5:30 pm

Address: Newcastle Library

Newcastle Library Wednesdays, January 10 to March 27 (excluding March 20) 4:30 to 5:30 p.m.

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Thursday, February 15, 2024

Baby Bookworms (Courtice)

Date and Time: Thursday, February 15 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Thursdays, starting January 11 10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Newcastle)

Date and Time: Thursday, February 15 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Thursdays, starting January 11 (except March 14 due to March Break) 10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Harm Reduction Outreach Program (Courtice)

Date and Time: Thursday, February 15 2:00 pm - 4:00 pm

Address: Courtice Library

Courtice Library

Thursday Feb 1, 10:30am-12pm Thursday Feb 15, 2-4pm Thursday Feb 29, 10:30am-12pm

Adults | Drop in

The John Howard Society of Durham Region's Harm Reduction Outreach Program provides both information and educational materials on what harm reduction is. JHSD provides information on how to safely use substances, overdose prevention, as well as mental health information and other supports within the Region. The onsite harm reduction outreach worker is available to provide Naloxone administration and training, sharps disposal containers, drug testing kits, practical support items, and brief counselling and referrals.

Presented in partnership with the John Howard Society.

Cultivating Happiness and Joy

Date and Time: Thursday, February 15 3:00 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library Thursdays, Jan 11 - Feb 15, 3-4:30pm Adults | Registered -- register now!

In this workshop series, our focus will be on discovering pathways to nurture happiness and joy in our daily liv es. We will examine the various factors that contribute to positive emotions while also addressing the potential obstacles that might hinder our happiness. Lastly, we'll closely explore the profound impact that happiness and j oy have on our overall sense of wellness.

New registrants are welcome to join at any point in the workshop series.

Presented in partnership with Ontario Shores Centre for Mental Health Sciences - Recovery College.

Foster Care Information Session (Bowmanville)

Date and Time: Thursday, February 15 5:30 pm - 7:30 pm

Address: Bowmanville Library

Bowmanville Library Thursday, Feb 15 5:30 - 7:30pm

All ages | Drop in

Presented in partnership with the Durham Children's Aid Society

Have you ever thought about becoming a foster parent? Durham Children's Aid Society has an urgent need for foster homes. Foster parents open their hearts and homes to children and youth who are unable to live at home with their families temporarily. Foster parents play an integral role in supporting children and youth, families at a time when they need a helping hand. Foster homes are needed from all cultural and religious backgrounds, all sexual orientations and gender identities, and from all areas of Durham Region.

TAG (Teen Advisory Group, Newcastle)

Date and Time: Thursday, February 15 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library

Thursdays, starting Jan 11 (excluding Feb 8 and Mar 14 due to March Break)

6-7pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• Bowmanville: Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Thursdays at the Museum

Date and Time: Thursday, February 15 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Jan 18 to Mar 28, 6-7pm (excluding Mar 7)

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Engage, socialize, and learn, just for adults! Relax and unwind while delving into new topics each week. Disco ver new things and connect with your community!

Weekly topics:

- Jan 18: Archaeology Exhibit Launch
- Jan 25: Let the Good Times Roll, An Evening of Remembering Goodyear
- Feb 1: Family Bible Show and Tell
- Feb 8: Dominion Organ and Piano Factory, Instrument History
- Feb 15: Historic Homes of Bowmanville, "Seated" Walking Tour

- Feb 22: Heritage Week Open House
- Feb 29: Kingsway Nurseries
- Mar 14: Retro Recipe Rewind: Recipe Sharing
- Mar 21: Women's History Talk
- Mar 28: History of Dairy

Online English Conversation Circle

Date and Time: Thursday, February 15 6:00 pm - 7:30 pm

Address: Virtual

Virtual via Zoom
Thursdays, starting Jan 11, 6-7:30pm
(excluding Mar 13 due to March Break)
Adults and youth 16+ | Registered -- register now!

Please note: separate registration is required for each week

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, February 16, 2024

Stay and Play (Orono)

Date and Time: Friday, February 16 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Courtice)

Date and Time: Friday, February 16 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class (Newcastle)

Date and Time: Friday, February 16 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, January 12 to March 22 (excluding March 15) 1:00 p.m. to 2:00 p.m.

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

TAG (Teen Advisory Group, Courtice)

Date and Time: Friday, February 16 3:30 pm - 4:30 pm

Address: Courtice Library

Courtice Library

Fridays, starting Jan 10 (excluding Feb 2 due to a P.A Day, and Mar 8, 15 due to March Break)

3:30-4:30pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Saturday, February 17, 2024

Saturday Storytimes (Courtice)

Date and Time: Saturday, February 17 10:30 am - 11:00 am

Address: Courtice Library

Courtice Library

Alternating Saturdays starting January 20 (except March 16 due to St. Patrick's Day Storytime)

10:30-11:00am All Ages | Drop in

Join us for a fun morning of stories and songs

Monday, February 19, 2024

FAMILY DAY: Most Locations Closed

Date and Time: Monday, February 19 9:30 am - 8:00 pm

Address: Multiple Locations

Please note that the Bowmanville Library, Newcastle Library, Orono Library, and Sarah Jane Williams He ritage Centre will be closed on Monday, Feb 19 for to Family Day.

The Courtice Library will be open from 10am to 5pm. Drop by the Winter WonderLearn Festival from 10am to 2pm!

Winter WonderLearn Festival

Date and Time: Monday, February 19 10:00 am - 2:00 pm

Address: Courtice Library

Courtice Library Monday, Feb 19 10am-2pm All ages | Drop in Generously sponsored by Ontario Power Generation

Enjoy a free day of family fun at the award-winning festival designed to get you and your family active, learn so mething new, and enjoy time together!

Discover the amazing organizations that make up your community, and take in an interactive experience with the animal ambassadors of Soper Creek Wildlife Rescue or Scott Gardner & Walter the Guitar!

For more information, please see our Winter WonderLearn page.

Tuesday, February 20, 2024

Baby Bookworms (Newcastle)

Date and Time: Tuesday, February 20 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Tuesdays, starting January 9 (except March 12 due to March Break) 10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, February 20 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Tuesdays, starting January 9 (excluding March 12 due to March Break) 10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Harm Reduction Outreach Program (Newcastle)

Date and Time: Tuesday, February 20 1:30 pm - 3:30 pm

Address: Newcastle Library

Newcastle Library Tuesday, Feb 20, 1:30-3:30pm Adults | Drop in

The John Howard Society of Durham Region's Harm Reduction Outreach Program provides both information and educational materials on what harm reduction is. JHSD provides information on how to safely use substances, overdose prevention, as well as mental health information and other supports within the Region. The onsite harm reduction outreach worker is available to provide Naloxone administration and training, sharps disposal containers, drug testing kits, practical support items, and brief counselling and referrals.

Presented in partnership with the John Howard Society.

Tea and Talk (Courtice)

Date and Time: Tuesday, February 20 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Tuesdays, Jan 16, Feb 6, Feb 13, Feb 20 1:30 to 2:30 p.m. Drop in

Courtice Library Tuesday, Mar 19 1:30 to 2:30 p.m.

Registration recommended; drop in's welcome space permitting

Ages 55+

Socialize and meet new people! Join us each week for interesting speakers, fun activities, and refreshments. Sta y tuned for the weekly topics!

Also be sure to check out Tea and Talk in Newcastle, and Tea and Talk: en Français! | Thé et Conversation!

Funded by the Province of Ontario.

Weekly topics:

- Jan 16: Unleash Your Inner Dragon: Dive into the Realities of Angel Investing with DNA Angels
 - Get ready to embark on a thrilling journey into the dynamic world of angel investing, where innovation meets opportunity! If you've ever been captivated by the high-stakes drama of *Dragon's Den* or *Shark Tank*, this is your chance to step into the spotlight and discover the secrets of successful angel investing.
- Feb 6: Keeping Muscle as We Age with Bernice McManus
- Feb 13: Explore the Maker's Space
- Feb 20: Paint Afternoon with artist Leequette Santiago
- Mar 19: Durham Master Gardeners: Starting Plants from Seeds
 - Learn everything you need to be successful at starting seeds for planting in the spring. Also learn about the storage of seeds and when to start planting!

Wednesday, February 21, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, February 21 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Wednesdays starting January 10

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Courtice)

Date and Time: Wednesday, February 21 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Wednesdays, starting January 10 (except March 13 due to March Break) 10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, February 21 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Newcastle)

Date and Time: Wednesday, February 21 10:30 am - 11:30 am

Address: Newcastle Library

Newcastle Library Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tech Help Desk

Date and Time: Wednesday, February 21 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, starting January 10 2:00 to 4:00 p.m.

All Ages | Drop in

New year, new tech, new you! Learn all about how to master that new device you got over the holidays, or disc over how to build new skills with all the online services and resources CLMA has to offer!

TAG (Teen Advisory Group, Bowmanville)

Date and Time: Wednesday, February 21 3:30 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library
Wednesdays, starting Jan 10 (excluding Feb 14 and Mar 13)
3:30 - 4:30pm
Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Chair Yoga (Newcastle)

Date and Time: Wednesday, February 21 4:30 pm - 5:30 pm

Address: Newcastle Library

Newcastle Library Wednesdays, January 10 to March 27 (excluding March 20) 4:30 to 5:30 p.m.

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Thursday, February 22, 2024

Infant Hearing Screening Clinic

Date and Time: Thursday, February 22 10:00 am - 5:00 pm

Address: Newcastle Library

Newcastle Library, Study Suite Alternate Thursdays (Jan 11, Jan 25, Feb 8, Feb 22, Mar 7, Mar 21) 10am-5pm

Ages 2 months and under | Registered -- register now!

Advanced registration required for each 20 minute session through the Tri-Regional Infant Hearing Program at www.childdevelopmentprograms.ca/bookmybaby or 1-888-703-5437 x4.

Children develop speech and language skills by listening and imitating those around them, but these skills may be delayed in the case of deafness or hearing loss.

Sign up your infant for a screening if you have hearing-related concerns, and learn about the follow-up services available to your family.

Presented in partnership with Markham Stouffville Hospital, the lead agency for the Tri-Regional Infant Hearin g Program.

Social Services Community Supports (Bowmanville)

Date and Time: Thursday, February 22 10:00 am - 3:00 pm

Address: Bowmanville Library

Bowmanville Library Alternate Thursdays until Apr 4 10am to 3pm

Adults | Drop in

Social Services Community Supports (formerly Outreach Community Hubs) are now available at all Library lo cations. The new service has been created in partnership with the <u>Region of Durham</u>, in association with the He althy Communities initiative.

Clarington Library, Museums & Archives library locations will have an Ontario Works support worker onsite, d uring limited time periods, in order to connect community residents to a variety of social services supports and resources. Please see the Availability section below.

Services Offered

Ontario Works support workers will be onsite to help connect community residents to a variety of social servic es supports and resources, including:

- Housing;
- Food security;
- Financial stability and literacy;
- Counselling:
- Crisis intervention;
- Advocacy;
- Service navigation;
- Form application;
- Case management;
- Children's Services referrals;
- Trusteed Youth Program;
- And more.

The support workers can communicate with community agencies on behalf of clients, assist with online govern ment application forms, and help you navigate the social services system.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, February 22 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Thursdays, starting January 11 (except March 14 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, February 22 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Thursdays, starting January 11 10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

TAG (Teen Advisory Group, Newcastle)

Date and Time: Thursday, February 22 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library

Thursdays, starting Jan 11 (excluding Feb 8 and Mar 14 due to March Break)

6-7pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

• **Newcastle:** Thursdays, 6-7pm

• Courtice: Fridays, 3:30-4:30pm

Thursdays at the Museum

Date and Time: Thursday, February 22 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Jan 18 to Mar 28, 6-7pm (excluding Mar 7)

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Engage, socialize, and learn, just for adults! Relax and unwind while delving into new topics each week. Disco ver new things and connect with your community!

Weekly topics:

• Jan 18: Archaeology Exhibit Launch

- Jan 25: Let the Good Times Roll, An Evening of Remembering Goodyear
- Feb 1: Family Bible Show and Tell
- Feb 8: Dominion Organ and Piano Factory, Instrument History
- Feb 15: Historic Homes of Bowmanville, "Seated" Walking Tour
- Feb 22: Heritage Week Open House
- Feb 29: Kingsway Nurseries
- Mar 14: Retro Recipe Rewind: Recipe Sharing
- Mar 21: Women's History Talk
- Mar 28: History of Dairy

Online English Conversation Circle

Date and Time: Thursday, February 22 6:00 pm - 7:30 pm

Address: Virtual

Virtual via Zoom

Thursdays, starting Jan 11, 6-7:30pm

(excluding Mar 13 due to March Break)

Adults and youth 16+ | Registered -- register now!

Please note: separate registration is required for each week

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Black History Month: Author Kern Carter

Date and Time: Thursday, February 22 7:00 pm - 8:00 pm

Address: Virtual

Virtual via Zoom Thursday, Feb 22, 7-8pm Adults, youth | Registered -- register now!

Kern Carter, author of the teen novel "Boys and Girls Screaming, "will share the pain and joy behind his book's creative process as well as his personal journey of breaking through a challenging career.

Presented in partnership with the public libraries of York and Durham Region.

Friday, February 23, 2024

Stay and Play (Courtice)

Date and Time: Friday, February 23 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Orono)

Date and Time: Friday, February 23 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, starting January 12 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class (Newcastle)

Date and Time: Friday, February 23 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, January 12 to March 22 (excluding March 15) 1:00 p.m. to 2:00 p.m.

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

TAG (Teen Advisory Group, Courtice)

Date and Time: Friday, February 23 3:30 pm - 4:30 pm

Address: Courtice Library

Courtice Library

Fridays, starting Jan 10 (excluding Feb 2 due to a P.A Day, and Mar 8, 15 due to March Break)

3:30-4:30pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Black History Month: Black Vendor Village

Date and Time: Saturday, February 24 10:00 am - 5:00 pm

Address: Community Event

Garnet B Rickard Recreation Complex Saturday, Feb 24, 10am-5pm All ages | Drop in

Clarington celebrates Black History Month! Enjoy music and performances; meet members of Clarington's Div ersity Advisory and Anti-Black Racism Committees; and take part in activities hosted by the Clarington Library, Museums & Archives. The Vendor Village will be open throughout the day, with local Black-owned businesses selling various products.

The Black Vendor Village is hosted by the Municipality of Clarington, Region of Durham, and Clarington Library, Museums & Archives.

Saturday Storytimes (Newcastle)

Date and Time: Saturday, February 24 10:30 am - 11:00 am

Address: Newcastle Library

Newcastle Library Alternating Saturdays starting January 13 10:30-11:00am All Ages | Drop in

Join us for a fun morning of stories and songs

Maker's Space: Scrunchie Sewing

Date and Time: Saturday, February 24 10:30 am - 12:30 pm

Address: Courtice Library

Courtice Library Saturday, Feb 24 10:30am-12:30pm

Ages 10+ | Registered | Cost \$5 + non-refundable Eventbrite fees -- register now!

Learn the basics of sewing and put your knowledge to the test by making a fun scrunchie with the Maker's Spac e sewing machines!

c wonder STEM Workshop (Gr 1-4, Newcastle)

Date and Time: Saturday, February 24 2:00 pm - 4:00 pm

Address: Newcastle Library

Newcastle Library Saturday, Feb 24 2-4pm

Grades 1-4 | Registered -- register now!

Boost your child's STEM (science, technology, engineering, and math) skills with Ontario Tech University's Engineering Outreach!

Each c_wonder STEM Workshop introduces participants to the fundamentals of the engineering design process as they tackle design challenges that puts their STEM knowledge to the test. Students will get a chance to explor e different STEM fields and how engineering can solve its diverse and real-world issues.

Presented in partnership with Engineering Outreach, Faculty of Engineering and Applied Science, Ontario Tech University.

Be sure to check out other upcoming c wonder Workshops!

- STEM Workshops:
 - o Grades 1-4: Newcastle Library, Saturday, Feb 24, 2-4pm
 - o Grades 5-8: Bowmanville Library, Saturday, Mar 23, 2-4pm
- Coding Workshops:
 - Grades 5-8: Courtice Library, Saturday, Jan 20, 2-4pm

Monday, February 26, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, February 26 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library
Mondays, starting January 8 (excluding Feb 19 due to Family Day)
10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Zumba Gold (Newcastle)

Date and Time: Monday, February 26 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, January 8 to March 25 (excluding February 19) 6:00 to 7:00 p.m.

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Tuesday, February 27, 2024

Baby Bookworms (Newcastle)

Date and Time: Tuesday, February 27 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Tuesdays, starting January 9 (except March 12 due to March Break)

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, February 27 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Tuesdays, starting January 9 (excluding March 12 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Tea and Talk (Newcastle)

Date and Time: Tuesday, February 27 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Tuesdays; Jan 9, Jan 23, Jan 30, Feb 27 1:30 to 2:30 p.m. Drop in

Newcastle Library or Zoom Wednesday, Mar 6 Tuesday, Mar 26 1:30 to 2:30 p.m.

Registration recommended; drop in's welcome space permitting

Ages 55+

Socialize and meet new people! Join us each week for interesting speakers, fun activities, and refreshments.

Also be sure to check out <u>Tea and Talk</u> in Courtice, and <u>Tea and Talk</u>: en <u>Francais!</u> | <u>Thé et Conversation</u> in Bow manville!

Funded by the Province of Ontario.

Weekly Topics

- Jan 9: Classic Film Afternoon: "Book Club: The Next Chapter"
- Jan 23: Fire Prevention with the Municipality of Clarington Emergency Services
- Jan 30: Durham Master Gardeners: Creating Winter Interest in Your Garden
 - Make your garden look great in all seasons! Learn basic landscape design themes with examples of how you can apply them to your garden, in addition to specific plants and trees to use for winter interest.
- Feb 27: Healthy Living Balanced Food Choices with author Bernice McManus
- Mar 6: Senior's Safety and Fraud Prevention with the Durham Regional Police Service, Older Adult Support and Investigative Services
- Mar 26: Osteoporosis Canada: Bone Health 101 with Cathy Pearch

Book Club (Newcastle)

Date and Time: Tuesday, February 27 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library

Tuesday, Jan 23, 6-7pm Tuesday, Feb 27, 6-7pm Tuesday, Mar 26, 6-7pm

Adults | Registered -- register now!

First rule about book club? Talk about book club! Drop in to discuss books and literature with your fellow rea ders!

Bring your own book to the first meeting, and keep an eye on our website and socials for future titles! Books will be available for pickup at your preferred library location.

• Tuesday, Jan 23: Bring Your Own Book

• Tuesday, Feb 27: TBA

• Tuesday, Mar 26: TBA

Wednesday, February 28, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, February 28 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library

Wednesdays starting January 10

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Courtice)

Date and Time: Wednesday, February 28 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Wednesdays, starting January 10 (except March 13 due to March Break)

10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, February 28 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Newcastle)

Date and Time: Wednesday, February 28 10:30 am - 11:30 am

Address: Newcastle Library

Newcastle Library Wednesdays, starting January 10 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Lunchtime Book Club

Date and Time: Wednesday, February 28 12:00 pm - 1:00 pm

Address: Bowmanville Library

Bowmanville Library

Wednesday, Jan 24, 12-1pm Wednesday, Feb 28, 12-1pm Wednesday, Mar 27, 12-1pm

Adults | Registered -- register now!

A literary brown bag! Enjoy your lunch and conversation with fellow readers at our monthly Lunchtime Book Club!

Bring your own book to the first meeting, and keep an eye on our website and socials for future titles! Books will be available for pickup at your preferred library.

• Wednesday, Jan 24: Bring Your Own Book

• Wednesday, Feb 28: TBA

• Wednesday, Mar 27: TBA

Tech Help Desk

Date and Time: Wednesday, February 28 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, starting January 10 2:00 to 4:00 p.m.

All Ages | Drop in

New year, new tech, new you! Learn all about how to master that new device you got over the holidays, or disc over how to build new skills with all the online services and resources CLMA has to offer!

TAG (Teen Advisory Group, Bowmanville)

Date and Time: Wednesday, February 28 3:30 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library
Wednesdays, starting Jan 10 (excluding Feb 14 and Mar 13)
3:30 - 4:30pm
Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Chair Yoga (Newcastle)

Date and Time: Wednesday, February 28 4:30 pm - 5:30 pm

Address: Newcastle Library

Newcastle Library Wednesdays, January 10 to March 27 (excluding March 20) 4:30 to 5:30 p.m.

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Tea and Talk: en Francais! | Thé et Conversation

Date and Time: Wednesday, February 28 6:30 pm - 7:30 pm

Address: Bowmanville Library

Bowmanville Library Wednesday, Feb 28 Wednesday, Mar 27 6:30-7:30pm

Ages 55+ | Registration recommended; drop in's welcome space permitting

Practice your French while enjoying tea and good company! Whether you're planning a trip or just want to brus h up on your skills, join the conversation with other learners while having fun.

Prennez du thé et pratiquez votre français en bonne compagnie! Que vous planifiez un voyage ou que vous sou haitiez simplement améliorer votre français, participez à la conversation avec d'autres novices tout en vous am usant.

Funded by the Province of Ontario.

Thursday, February 29, 2024

Free Photography Bookings

Date and Time: Thursday, February 29 9:00 am - 6:00 pm

Address: Waverley Place

Waverley Place February 29, 9am-6pm Adults | Registration Required -- Book Now!

Are you a local photographer looking for a one-of-a-kind venue? The Waverley Place Museum is hosting FRE E photography bookings when you share your photos with us! Complete the booking form to secure a timeslot.

For more information, please see CLMA's Use of Space policy at: https://www.cplma.ca/about-us/policies/

Harm Reduction Outreach Program (Courtice)

Date and Time: Thursday, February 29 10:30 am - 12:00 pm

Address: Courtice Library

Courtice Library

Thursday Feb 1, 10:30am-12pm Thursday Feb 15, 2-4pm Thursday Feb 29, 10:30am-12pm

Adults | Drop in

The John Howard Society of Durham Region's Harm Reduction Outreach Program provides both information and educational materials on what harm reduction is. JHSD provides information on how to safely use substances, overdose prevention, as well as mental health information and other supports within the Region. The onsite harm reduction outreach worker is available to provide Naloxone administration and training, sharps disposal containers, drug testing kits, practical support items, and brief counselling and referrals.

Presented in partnership with the John Howard Society.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, February 29 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library

Thursdays, starting January 11 (except March 14 due to March Break) 10:30 - 11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, February 29 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Thursdays, starting January 11

10:30 - 11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Book Club (Orono)

Date and Time: Thursday, February 29 3:00 pm - 4:00 pm

Address: Orono Library

Orono Library

Thursday, Jan 25, 3-4pm Thursday, Feb 29, 3-4pm Thursday, Mar 28, 3-4pm

Adults | Registered -- register now!

First rule about book club? Talk about book club! Drop in to discuss books and literature with your fellow rea ders!

Bring your own book to the first meeting, and keep an eye on our website and socials for future titles! Books will be available for pickup at your preferred library location.

- Thursday, Jan 25: Bring Your Own Book
- Thursday, Feb 29: TBA
- Thursday, Mar 28: TBA

TAG (Teen Advisory Group, Newcastle)

Date and Time: Thursday, February 29 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library

Thursdays, starting Jan 11 (excluding Feb 8 and Mar 14 due to March Break)

6-7pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Be sure to check out our full line-up for TAG programs!

• **Bowmanville:** Wednesdays, 3:30-4:30pm

Newcastle: Thursdays, 6-7pmCourtice: Fridays, 3:30-4:30pm

Online English Conversation Circle

Date and Time: Thursday, February 29 6:00 pm - 7:30 pm

Address: Virtual

Virtual via Zoom
Thursdays, starting Jan 11, 6-7:30pm
(excluding Mar 13 due to March Break)
Adults and youth 16+ | Registered -- register now!

Please note: separate registration is required for each week

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Thursdays at the Museum

Date and Time: Thursday, February 29 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Jan 18 to Mar 28, 6-7pm (excluding Mar 7)

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Engage, socialize, and learn, just for adults! Relax and unwind while delving into new topics each week. Disco ver new things and connect with your community!

Weekly topics:

• Jan 18: Archaeology Exhibit Launch

- Jan 25: Let the Good Times Roll, An Evening of Remembering Goodyear
- Feb 1: Family Bible Show and Tell
- Feb 8: Dominion Organ and Piano Factory, Instrument History
- Feb 15: Historic Homes of Bowmanville, "Seated" Walking Tour
- Feb 22: Heritage Week Open House
- Feb 29: Kingsway Nurseries
- Mar 14: Retro Recipe Rewind: Recipe Sharing
- Mar 21: Women's History Talk
- Mar 28: History of Dairy

http://events.cplma.ca