Monday, April 1, 2024

HOLIDAY HOURS: All CLMA Locations Closed

Date and Time: Monday, April 1 9:30 am - 8:00 pm

Address: All locations

Please note that all CLMA locations are closed on:

- Good Friday (March 29)
- Easter Sunday (March 31)
- Easter Monday (April 1)

Regular hours are in effect on Saturday, March 30.

Tuesday, April 2, 2024

Baby Bookworms (Newcastle)

Date and Time: Tuesday, April 2 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, April 2 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read[©], designed to help build e arly literacy skills!

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, April 2 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Mar 12 to Jun 25 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Celebrate Clarington Culture: All About Ramadan

Date and Time: Tuesday, April 2 6:30 pm - 7:30 pm

Address: Bowmanville Library

Bowmanville Library Tuesday, Apr 2 6:30-7:30pm

All ages | Drop in

Learn about the Ramadan celebration and what it means to the community.

Presented with Masjid Alhakeem, Islamic Centre in Bowmanville.

Wednesday, April 3, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, April 3 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Courtice)

Date and Time: Wednesday, April 3 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, April 3 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Musical Babies (Courtice)

Date and Time: Wednesday, April 3 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, April 3 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

TAG (Teen Advisory Group) (Bowmanville)

Date and Time: Wednesday, April 3 3:30 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays; Apr 3, May 1, Jun 5

3:30-4:30pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Register through the Clarington Volunteers Portal, and don't forget to download the CauseConnect app to track your hours and available opportunities!

Chair Yoga

Date and Time: Wednesday, April 3 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Thursday, April 4, 2024

Social Services Community Supports (Bowmanville)

Date and Time: Thursday, April 4 10:00 am - 3:00 pm

Address: Bowmanville Library

Bowmanville Library Alternate Thursdays until Apr 4 10am to 3pm

Adults | Drop in

Social Services Community Supports (formerly Outreach Community Hubs) are now available at all Library lo cations. The new service has been created in partnership with the <u>Region of Durham</u>, in association with the He althy Communities initiative.

Clarington Library, Museums & Archives library locations will have an Ontario Works support worker onsite, d uring limited time periods, in order to connect community residents to a variety of social services supports and resources. Please see the Availability section below.

Services Offered

Ontario Works support workers will be onsite to help connect community residents to a variety of social servic es supports and resources, including:

- Housing;
- Food security;
- Financial stability and literacy;
- Counselling;
- Crisis intervention;
- Advocacy;
- Service navigation;
- Form application;
- Case management;
- Children's Services referrals;
- Trusteed Youth Program;
- And more.

The support workers can communicate with community agencies on behalf of clients, assist with online govern ment application forms, and help you navigate the social services system.

Infant Hearing Screening Clinic

Date and Time: Thursday, April 4 10:00 am - 5:00 pm

Address: Newcastle Library

Newcastle Library, Study Suite Alternate Thursdays; Apr 4, 18, May 2, 30, Jun 13, 27 (excluding May 16) 10am-5pm

Ages 2 months and under | Registered -- register now!

Advanced registration required for each 20 minute session through the Tri-Regional Infant Hearing Prog ram at <u>www.childdevelopmentprograms.ca/bookmybaby</u> or 1-888-703-5437 x4.

Children develop speech and language skills by listening and imitating those around them, but these skills may

be delayed in the case of deafness or hearing loss.

Sign up your infant for a screening if you have hearing-related concerns, and learn about the follow-up services available to your family.

Presented in partnership with Markham Stouffville Hospital, the lead agency for the Tri-Regional Infant Hearin g Program.

Durham College Community Employment Services (Orono)

Date and Time: Thursday, April 4 10:00 am - 12:00 pm

Address: Orono Library

Orono Library Thursdays, Mar 14 to Jun 27 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, April 4 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, April 4 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, April 4 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Thursdays at the Museum

Date and Time: Thursday, April 4 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

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Sarah Jane Williams Heritage Centre
Thursdays, Apr 4 to Jun 13
6-7pm
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Adults | Registered recommended; drop in's welcome space pending -- <u>register now!</u> Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of *Weather Report* (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Online English Conversation Circle

Date and Time: Thursday, April 4 6:00 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, April 5, 2024

Paint a Pot, Plant a Seed (Orono)

Date and Time: Friday, April 5 10:30 am - 11:30 am

Address: Orono Library

Orono Library Friday, Apr 5 10:30-11:30am

Families | Drop in

Celebrate spring! Explore the life cycle of a plant as we prepare for spring. Listen to Eric Carle's a Tiny Seed, g row and stretch up tall and plant your own seed!

Stay and Play (Courtice)

Date and Time: Friday, April 5 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Orono)

Date and Time: Friday, April 5 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class

Date and Time: Friday, April 5 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library

Fridays, Apr 5 to Jun 28 (No classes on May 24 and 31) 1-2pm

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

TAG (Teen Advisory Group) (Courtice)

Date and Time: Friday, April 5 3:30 pm - 4:30 pm

Address: Courtice Library

Courtice Library Fridays; Apr 5, May 3; Jun 14 3:30-4:30pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Register through the Clarington Volunteers Portal, and don't forget to download the CauseConnect app to track your hours and available opportunities!

Saturday, April 6, 2024

Paint a Pot, Plant a Seed (Newcastle)

Date and Time: Saturday, April 6 10:30 am - 11:30 am

Address: Newcastle Library

Newcastle Library Saturday, Apr 6 10:30-11:30am

Families | Drop in

Celebrate spring! Explore the life cycle of a plant as we prepare for spring. Listen to Eric Carle's a Tiny Seed, g row and stretch up tall and plant your own seed!

Family Storytime (Newcastle)

Date and Time: Saturday, April 6 10:30 am - 11:00 am

Address: Newcastle Library

Newcastle Library Alternate Saturdays; Apr 6, 20, May 4, 18, Jun 1 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

Orono Library Open House

Date and Time: Saturday, April 6 11:00 am - 12:00 pm

Address: Orono Library

Orono Library Saturday, Apr 6 11am-12pm

All ages | Drop in

Celebrate the completion of the accessibility renovations at the Orono Library, and the return of the Orono Mill Stone to Orono!

Tours and refreshments will be available, and members of the CLMA board and administration will be on hand t o answer questions. Hope to see you there!

For more information, please see our March 26 press release or the Orono Accessilibity Project page.

Engineering Outreach Workshop: Coding (Gr 1-4, Courtice)

Date and Time: Saturday, April 6 2:00 pm - 4:00 pm

Address: Courtice Library

Courtice Library

Saturday, Apr 6 2-4pm

Grades 1-4 | Registered -- register now!

Boost your child's STEM (science, technology, engineering, and math) skills with Ontario Tech University's En gineering Outreach!

Students will learn coding fundamentals and concepts such as inputs, outputs, if statements, loops, variables, an d operators through hands-on activities.

Presented in partnership with Engineering Outreach, Faculty of Engineering and Applied Science, Ontario Tech University.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Monday, April 8, 2024

Warehousing Essential Skills Workshop

Date and Time: Monday, April 8 10:00 am - 2:00 pm

Address: Bowmanville Library

Bowmanville Library Monday, Apr 8 to Friday, Apr 19 10am-2pm

Adults | Registered --- register now!

Upgrade your warehousing skills in this two-week course presented by Durham College Essential Skills.

Presented with Durham College.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

It's Solar Eclipse Time! (Newcastle)

Date and Time: Monday, April 8 10:30 am - 11:30 am

Address: Newcastle Library

Monday, Apr 8 Newcastle Library 10:30-11:30am

Grades JK-6 | Drop in

Please note: CLMA will not be distributing eclipse glasses during this program.

Have fun learning all about the solar eclipse and other cool space stuff while enjoying activities and challenges.

Stay and Play (Bowmanville)

Date and Time: Monday, April 8 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Mondays, Apr 8 to Jun 17 (excluding May 20) 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

It's Solar Eclipse Time! (Bowmanville)

Date and Time: Monday, April 8 12:30 pm - 1:15 pm

Address: Bowmanville Library

Monday, Apr 8 Bowmanville Library 12:30-1:15pm

Grades JK-6 | Drop in

Please note: CLMA will not be distributing eclipse glasses during this program.

Have fun learning all about the solar eclipse and other cool space stuff while enjoying activities and challenges.

Zumba Gold

Date and Time: Monday, April 8 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 8 to Jun 24 (excluding May 20) 6-7pm

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Tuesday, April 9, 2024

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, April 9 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read[©], designed to help build e arly literacy skills!

Baby Bookworms (Newcastle)

Date and Time: Tuesday, April 9 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

French Storytime | L'Heure du conte

Date and Time: Tuesday, April 9 11:45 am - 12:15 pm

Address: Bowmanville Library

Bowmanville Library Tuesdays; Apr 9, May 14, Jun 11 11:45am - 12:15pm

All ages | Drop in

Bonjour! Drop in for a fun French storytime! We'll sing songs, read books, and practice the language together! Fluency in French is not required, all are welcome.

Bonjour! Passez nous voir pour une heure d'histoires amusante!Nous allons chanter, lire des livres et pratiquer la langue français ensemble! La maîtrise du français n'est pas requise, tous sont bienvenus.

Oral Health (Durham Region Health Information Session)

Date and Time: Tuesday, April 9 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Tuesday, Apr 9 1:30-2:30pm

Adults 55+ | Drop in

April is Oral Health Month. Learn about the importance of maintaining oral health in this information session.

Presented with Durham Region Health Department, Oral Health Division.

Infant Massage (Courtice)

Date and Time: Tuesday, April 9 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library Alternate Tuesdays; Apr 9, 23, May 7, 21, Jun 4, 18 1:30-3pm Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at <u>https://www.keyon.ca/</u>.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, April 9 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Mar 12 to Jun 25 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Growing Self-Compassion

Date and Time: Tuesday, April 9 3:00 pm - 4:15 pm

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 9-30 3-4:15pm

Adults | Registered -- register now!

Throughout this four-week course, we will cultivate our self-compassion through a journey of understanding h ow to soothe our bodies, nurture our emotions, become our own strongest supporters, and embrace mindfulnes

s practices.

Your participation in this course will involve actively engaging with the material, encouraging you to experime nt with different self-compassion activities to discover what resonates most with you.

Presented with Ontario Shores Centre for Mental Health Sciences.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Wednesday, April 10, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, April 10 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, April 10 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tales for Toddlers (Courtice)

Date and Time: Wednesday, April 10 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Musical Babies (Courtice)

Date and Time: Wednesday, April 10 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, April 10 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

Chair Yoga

Date and Time: Wednesday, April 10 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Thursday, April 11, 2024

Durham College Community Employment Services (Orono)

Date and Time: Thursday, April 11 10:00 am - 12:00 pm

Address: Orono Library

Orono Library Thursdays, Mar 14 to Jun 27 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;

- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, April 11 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, April 11 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, April 11 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Infant Massage (Newcastle)

Date and Time: Thursday, April 11 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at <u>https://www.keyon.ca/</u>.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

TAG (Teen Advisory Group) (Newcastle)

Date and Time: Thursday, April 11 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Thursdays; Apr 11, May 9, Jun 13 6-7pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Register through the Clarington Volunteers Portal, and don't forget to download the CauseConnect app to track your hours and available opportunities!

Online English Conversation Circle

Date and Time: Thursday, April 11 6:00 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Thursdays at the Museum

Date and Time: Thursday, April 11 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13 6-7pm

Adults | Registered recommended; drop in's welcome space pending -- register now! Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of Weather Report (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Friday, April 12, 2024

Stay and Play (Orono)

Date and Time: Friday, April 12 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Courtice)

Date and Time: Friday, April 12 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class

Date and Time: Friday, April 12 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, Apr 5 to Jun 28 (No classes on May 24 and 31)

1-2pm

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Saturday, April 13, 2024

Family Storytime (Courtice)

Date and Time: Saturday, April 13 10:30 am - 11:00 am

Address: Courtice Library

Courtice Library Alternate Saturdays; Apr 13, 27, May 11, 25, Jun 8, 22 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

Blender Modelling (Maker's Space)

Date and Time: Saturday, April 13 1:00 pm - 4:00 pm

Address: Courtice Library

Courtice Library, Maker's Space Saturday, Apr 13 1-4pm

Grades 9-12 | Registered -- register now!

Bring your imagination to life! learn to create 3D models and work with 3D software ! Foster the skills to used to create movies, TV shows, video games and digital content by creating 3D models in Blender!

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Monday, April 15, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, April 15 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Mondays, Apr 8 to Jun 17 (excluding May 20) 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Music and Movement (Newcastle)

Date and Time: Monday, April 15 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 15 to May 27 (excluding May 20) 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Musical Babies (Courtice)

Date and Time: Monday, April 15 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Zumba Gold

Date and Time: Monday, April 15 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 8 to Jun 24 (excluding May 20) 6-7pm

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Tuesday, April 16, 2024

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, April 16 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Newcastle)

Date and Time: Tuesday, April 16 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, April 16 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Mar 12 to Jun 25 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Earth Day Storytime

Date and Time: Tuesday, April 16 6:30 pm - 7:30 pm

Address: Bowmanville Library

Bowmanville Library Tuesday, Apr 16 6:30-7:30pm

All ages | Drop in

Get ready to celebrate our Earth with a lively Earth Day themed storytime and learn more about how you can he lp our planet!

Wednesday, April 17, 2024

Tax Clinic (Newcastle)

Date and Time: Wednesday, April 17 10:00 am - 3:00 pm

Address: Newcastle Library

Newcastle Library Wednesday, Mar 20 Wednesday, Apr 17 10am-3pm

Adults | Drop in; space is limited on a first come, first served basis.

Get the tax help you need at a free tax clinic. Volunteers from the Al-Ikram Foundation will provide personal ta x preparation assistance for low-income individuals and their dependants for the 2023 tax year.

For a list of other free tax clinics, please visit Revenue Canada: <u>www.canada.ca/en/revenue-agency/services/tax</u>/individuals/community-volunteer-income-tax-program.

Presented in partnership with the Al-Ikram Foundation.

Required Documentation

Please bring the following required documents with you:

- One (1) piece of government issued identification (e.g. driver's license);
- Social insurance number (SIN);
- All T-slips;
- Rent receipts / property tax slip;

- Pre-calculated medical expense summary, which can be obtained from pharmacies if applicable;
- Pre-calculated donation, summary if applicable.

Eligibility Requirements

In order to be elegible, individuals must have a modest income and a simple tax situation. This may include: ad ults 65 years and older, housing-insecure individuals, Indigenous Peoples, modest-income individuals, newcom ers, persons with disabilities, students and youth.

Please see the Revenue Canada for full elegibility requirements: <u>https://www.canada.ca/en/revenue-age</u> ncy/services/tax/individuals/community-volunteer-income-tax-program/lend-a-hand-individuals/about.ht <u>ml</u>.

Individuals/families not meeting these requirements will not be able to participate in the Tax Cinics.

Modest Income

In general, a modest income means the total family income is less than or equal to:

- 1 person: \$35,000 total family income;
- 2 people: \$45,000;
- 3 people: \$47,500;
- 4 people: \$50,000;
- 5 people: \$52,500;
- More than 5 people: \$52,500, plus \$2,500 for each additional person.

Family size includes an individual, or a couple, and their dependants.

Simple Tax Situation

In general, a tax situation is simple if an individual has no income or if their income comes from these sources:

- Employment;
- Pension;
- Benefits, such as the Canada Pension Plan, Old Age Security, disability insurance, employment insurance, and social assistance;
- Registered Retirement Savings Plans (RRSPs);
- Scholarships, fellowships, bursaries, or grants;
- Interest (under \$1,000).

This Tax Clinic does not provide support for complex tax situations, including self-employment income, employment expenses, business income and expenses, rental income and expenses, interest income over \$1,000, capit al gains or losses, bankruptcy, deceased person, foreign property, or foreign income.

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, April 17 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, April 17 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tales for Toddlers (Courtice)

Date and Time: Wednesday, April 17 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Musical Babies (Courtice)

Date and Time: Wednesday, April 17 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, April 17 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

Chair Yoga

Date and Time: Wednesday, April 17 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Thursday, April 18, 2024

Infant Hearing Screening Clinic

Date and Time: Thursday, April 18 10:00 am - 5:00 pm

Address: Newcastle Library

Newcastle Library, Study Suite Alternate Thursdays; Apr 4, 18, May 2, 30, Jun 13, 27 (excluding May 16) 10am-5pm

Ages 2 months and under | Registered -- register now!

Advanced registration required for each 20 minute session through the Tri-Regional Infant Hearing Prog ram at <u>www.childdevelopmentprograms.ca/bookmybaby</u> or 1-888-703-5437 x4.

Children develop speech and language skills by listening and imitating those around them, but these skills may be delayed in the case of deafness or hearing loss.

Sign up your infant for a screening if you have hearing-related concerns, and learn about the follow-up services available to your family.

Presented in partnership with Markham Stouffville Hospital, the lead agency for the Tri-Regional Infant Hearin g Program.

Durham College Community Employment Services (Orono)

Date and Time: Thursday, April 18 10:00 am - 12:00 pm

Address: Orono Library

Orono Library Thursdays, Mar 14 to Jun 27 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27 Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, April 18 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read[©], designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, April 18 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Infant Massage (Newcastle)

Date and Time: Thursday, April 18 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at <u>https://www.keyon.ca/</u>.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Music and Movement (Courtice)

Date and Time: Thursday, April 18 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Thursdays at the Museum

Date and Time: Thursday, April 18 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13 6-7pm

Adults | Registered recommended; drop in's welcome space pending -- <u>register now!</u> Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of *Weather Report* (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Online English Conversation Circle

Date and Time: Thursday, April 18 6:00 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, April 19, 2024

Stay and Play (Courtice)

Date and Time: Friday, April 19 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Orono)

Date and Time: Friday, April 19 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class

Date and Time: Friday, April 19 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, Apr 5 to Jun 28 (No classes on May 24 and 31) 1-2pm

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Saturday, April 20, 2024

Babysitting Course (Courtice)

Date and Time: Saturday, April 20 10:15 am - 4:45 pm

Address: Courtice Library

Courtice Library Saturday, Apr 20 10:15am-4:45pm

Ages 11-15 | Registered -- <u>register now!</u> Cost \$65.00 + non-refundable Eventbrite fees; includes participant manual.

Presented with React Right Safety Services

Recommended that attendees bring a lunch or snack.

This course teaches youth the fundamental skills they need to start their own babysitting service. A Red Cross c ertified instructor from React Right Safety Services teaches the class.

Topics include:

- How to give appropriate care for infants, toddlers and school-aged children;
- Dealing with basic First Aid emergencies;
- How to recognize potential hazards;
- What parents expect of a babysitter;
- How to safely find customers; and
- Rural babysitting.

Note: Bring a teddy bear to practice on!

Caregivers and support staff for people with disabilities are admitted free of charge.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

اردو کہانی پروگرام | Urdu Storytime

Date and Time: Saturday, April 20 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Saturday, Apr 20

10:30-11:15am

All ages | Drop in

Join us for stories, songs and fun in English and Urdu. No prior knowledge of Urdu is required, all are welcom e.

شامل ہوں اردو اور انگریزی میں کہانیوں، نغموں، اور تفریح سے بھرپور پروگرام میں۔ اردو زبان سے واقفیت ضروری نہیں، یہاں ہر زب ان بولنے والوں کا خیر مقدم ہے۔ یہ پروگرام کی شراکت سے پیش کیا جا رہا ہے

Presented with EarlyON Child and Family Centres.

Family Storytime (Newcastle)

Date and Time: Saturday, April 20 10:30 am - 11:00 am

Address: Newcastle Library

Newcastle Library Alternate Saturdays; Apr 6, 20, May 4, 18, Jun 1 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

Eid Celebration: Eid al-Fitr

Date and Time: Saturday, April 20 11:30 am - 2:30 pm

Address: Newcastle Library

Newcastle Library Saturday, Apr 20 11:30am - 2:30pm

All ages | Drop in

Celebrate and learn Eid. All are welcome.

Be sure to check out Eid Celebration: Eid al-Adha, on Sunday, Jun 9, 1-3pm!

Presented with the Al-Ikram Foundation.

Monday, April 22, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, April 22 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Mondays, Apr 8 to Jun 17 (excluding May 20) 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Musical Babies (Courtice)

Date and Time: Monday, April 22 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Music and Movement (Newcastle)

Date and Time: Monday, April 22 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 15 to May 27 (excluding May 20) 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Zumba Gold

Date and Time: Monday, April 22 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 8 to Jun 24 (excluding May 20) 6-7pm

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Tuesday, April 23, 2024

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, April 23 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e

arly literacy skills!

Baby Bookworms (Newcastle)

Date and Time: Tuesday, April 23 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, April 23 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Mar 12 to Jun 25 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Infant Massage (Courtice)

Date and Time: Tuesday, April 23 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library Alternate Tuesdays; Apr 9, 23, May 7, 21, Jun 4, 18 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at <u>https://www.keyon.ca/</u>.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Long Term Care and Services for Seniors Resource Guide (Durham Region Health Information Session)

Date and Time: Tuesday, April 23 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Tuesday, Apr 23 1:30-2:30pm

Adults 55+ | Drop in

Learn about the new Resource Guide and the community supports available to you.

Presented with Durham Region Long Term Care and Services for Seniors.

Book Club (Newcastle)

Date and Time: Tuesday, April 23 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library or online via Zoom Tuesdays; Apr 23, May 28; Jun 25 6-7pm

Adults | Registered -- register now!

First rule about book club? Talk about book club! Drop in to discuss books and literature with your fellow rea ders!

Books will be available for pickup at your preferred library location.

Upcoming titles:

- Apr 23: The Woman in Cabin 10 by Ruth Ware
- May 28: Afterlife by Julia Alvarez
- Jun 25: Vinyl Café Turns the Page by Stuart McLean

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Wednesday, April 24, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, April 24 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, April 24 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tales for Toddlers (Courtice)

Date and Time: Wednesday, April 24 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Lunchtime Book Club

Date and Time: Wednesday, April 24 12:00 pm - 1:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays; Apr 24, May 22, Jun 26 12-1pm

Adults | Registered -- register now!

A literary brown bag! Enjoy your lunch and conversation with fellow readers at our monthly Lunchtime Book Club!

Books will be available for pickup at your preferred library location.

Upcoming titles:

- Apr 24: Hidden Valley Road by Robert Kolker
- May 22: *The Calculating Stars* by Mary Robinette Kowal
- Jun 26: Hum if You Don't Know the Words by Bianca Marais

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Musical Babies (Courtice)

Date and Time: Wednesday, April 24 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, April 24 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

Chair Yoga

Date and Time: Wednesday, April 24 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Clothing Repair Café: Standard Sewing Machine Repairs

Date and Time: Wednesday, April 24 6:00 pm - 7:30 pm

Address: Courtice Library

Courtice Library, Maker's Space Wednesday, Apr 24 6-7:30pm

Adults | Registered --- register now!

Make your clothes last longer! Learn simple repairs such as replacing buttons, mending tears, and zipper replace ments, and explore the sewing resources in our Maker Space. Register for one, two, or all three sessions.

Sessions are:

- Standard Sewing Machine Repairs: Wednesday, Apr 24, 6-7:30pm
- Simple Hand-Sewing Repairs: Wednesday, May 8, 6-7:30pm
- Heavy Duty Fabrics: Wednesday, May 22, 6-7:30pm

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Thursday, April 25, 2024

Tax Clinic (Bowmanville) [FULL]

Date and Time: Thursday, April 25 10:00 am - 3:00 pm

Address: Bowmanville Library

Bowmanville Library Thursday, Mar 28 Thursday, Apr 25 10am-3pm

Adults | Drop in; space is limited on a first come, first served basis -- PLEASE NOTE, TAX CLINICS AR E NOW FULL

Get the tax help you need at a free tax clinic. Volunteers from the Al-Ikram Foundation will provide personal ta

x preparation assistance for low-income individuals and their dependants for the 2023 tax year.

For a list of other free tax clinics, please visit Revenue Canada: <u>www.canada.ca/en/revenue-agency/services/tax</u>/individuals/community-volunteer-income-tax-program.

Presented in partnership with the Al-Ikram Foundation.

Required Documentation

Please bring the following required documents with you:

- One (1) piece of government issued identification (e.g. driver's license);
- Social insurance number (SIN);
- All T-slips;
- Rent receipts / property tax slip;
- Pre-calculated medical expense summary, which can be obtained from pharmacies if applicable;
- Pre-calculated donation, summary if applicable.

Eligibility Requirements

In order to be elegible, individuals must have a modest income and a simple tax situation. This may include: ad ults 65 years and older, housing-insecure individuals, Indigenous Peoples, modest-income individuals, newcom ers, persons with disabilities, students and youth.

Please see the Revenue Canada for full elegibility requirements: <u>https://www.canada.ca/en/revenue-age</u> <u>ncy/services/tax/individuals/community-volunteer-income-tax-program/lend-a-hand-individuals/about.ht</u> <u>ml</u>.

Individuals/families not meeting these requirements will not be able to participate in the Tax Cinics.

Modest Income

In general, a modest income means the total family income is less than or equal to:

- 1 person: \$35,000 total family income;
- 2 people: \$45,000;
- 3 people: \$47,500;
- 4 people: \$50,000;
- 5 people: \$52,500;
- More than 5 people: \$52,500, plus \$2,500 for each additional person.

Family size includes an individual, or a couple, and their dependants.

Simple Tax Situation

In general, a tax situation is simple if an individual has no income or if their income comes from these sources:

- Employment;
- Pension;
- Benefits, such as the Canada Pension Plan, Old Age Security, disability insurance, employment insurance,

and social assistance;

- Registered Retirement Savings Plans (RRSPs);
- Scholarships, fellowships, bursaries, or grants;
- Interest (under \$1,000).

This Tax Clinic does not provide support for complex tax situations, including self-employment income, emplo yment expenses, business income and expenses, rental income and expenses, interest income over \$1,000, capit al gains or losses, bankruptcy, deceased person, foreign property, or foreign income.

Durham College Community Employment Services (Orono)

Date and Time: Thursday, April 25 10:00 am - 12:00 pm

Address: Orono Library

Orono Library Thursdays, Mar 14 to Jun 27 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, April 25 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, April 25 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, April 25 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Infant Massage (Newcastle)

Date and Time: Thursday, April 25 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at <u>https://www.keyon.ca/</u>.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Book Club (Orono)

Date and Time: Thursday, April 25 3:00 pm - 4:00 pm

Address: Orono Library

Newcastle Library Thursdays; Apr 25, May 30; 3-4pm Thursday, Jun 27, 2-3pm

Please note: May 23 session has been changed to May 30; Jun 27 session being held 2-3pm

Adults | Registered -- register now!

First rule about book club? Talk about book club! Drop in to discuss books and literature with your fellow rea ders!

Books will be available for pickup at your preferred library location.

Upcoming titles:

- Apr 25: *Giver of Stars* by JoJo Moyes
- May 30: The Last Thing He Told Me by Laura Dave
- Jun 27: Book Lovers by Emily Henry

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Online English Conversation Circle

Date and Time: Thursday, April 25 6:00 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Thursdays at the Museum

Date and Time: Thursday, April 25 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13 6-7pm

Adults | Registered recommended; drop in's welcome space pending -- <u>register now!</u> Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of *Weather Report* (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Friday, April 26, 2024

Stay and Play (Orono)

Date and Time: Friday, April 26 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Courtice)

Date and Time: Friday, April 26 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class

Date and Time: Friday, April 26 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, Apr 5 to Jun 28 (No classes on May 24 and 31) 1-2pm

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Saturday, April 27, 2024

Family Storytime (Courtice)

Date and Time: Saturday, April 27 10:30 am - 11:00 am

Address: Courtice Library

Courtice Library Alternate Saturdays; Apr 13, 27, May 11, 25, Jun 8, 22 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

Monday, April 29, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, April 29 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Mondays, Apr 8 to Jun 17 (excluding May 20) 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Music and Movement (Newcastle)

Date and Time: Monday, April 29 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library

Mondays, Apr 15 to May 27 (excluding May 20) 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Musical Babies (Courtice)

Date and Time: Monday, April 29 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Bowmanville Mezzanine Art Unveiling

Date and Time: Monday, April 29 3:30 pm - 4:30 pm

Address: Bowmanville Library

Autism Home Base and Bowmanville Library Monday, Apr 29 3:30-4:30pm

All ages | Drop in

Join us for an art unveiling by Durham College students, in partnership with Autism Home Base, Visual Arts C entre of Clarington, and Durham College! The event will begin at Autism Home Base (132 Church St.) at 3:30 pm, and continue at the Bowmanville Library at 4:00pm.

Presented in partnership with Durham College, Autism Home Base, the Visual Arts Centre of Clarington.

Zumba Gold

Date and Time: Monday, April 29 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 8 to Jun 24 (excluding May 20) 6-7pm

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Tuesday, April 30, 2024

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, April 30 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read[©], designed to help build e arly literacy skills!

Baby Bookworms (Newcastle)

Date and Time: Tuesday, April 30 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tai Chi (1pm)

Date and Time: Tuesday, April 30 1:00 pm - 1:45 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 30 to Jun 25 1-1:45pm (Classes also offered at 2-2:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

Long Term Care and Services for Seniors Resource Guide and Oral Health (Durham Region Health Information Session)

Date and Time: Tuesday, April 30 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Tuesday, Apr 30 1:30-2:30pm

Adults 55+ | Drop in

Learn about the new Resource Guide and the community supports available to you, and the importance of main taining oral health.

Presented with Durham Region Health Department, Oral Health Division, and Durham Region Long Term Car e and Services for Seniors.

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, April 30 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Mar 12 to Jun 25 Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tai Chi (2pm)

Date and Time: Tuesday, April 30 2:00 pm - 2:45 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 30 to Jun 25 2-2:45pm (Classes also offered at 1-1:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

- Mondays: Zumba Gold
- Tuesdays: Tai Chi
- Wednesdays: Chair Yoga
- Fridays: Falls Prevention Class

3D Modelling for Beginners in TinkerCAD (Maker's Space)

Date and Time: Tuesday, April 30 4:00 pm - 6:00 pm

Address: Courtice Library

Courtice Library, Maker's Space Tuesday, Apr 30 4-6pm

Grades 7-12 | Registered -- register now!

Learn to how to create 3D models in TinkerCAD. You will learn step by step how to navigate the software to cr eate your very own unique models.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

http://events.cplma.ca