Wednesday, May 1, 2024

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, May 1 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Courtice)

Date and Time: Wednesday, May 1 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, May 1 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Musical Babies (Courtice)

Date and Time: Wednesday, May 1 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm
Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, May 1 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

TAG (Teen Advisory Group) (Bowmanville)

Date and Time: Wednesday, May 1 3:30 pm - 4:30 pm

Address: Bowmanville Library

Bowmanville Library

Wednesdays; Apr 3, May 1, Jun 5

3:30-4:30pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Register through the Clarington Volunteers Portal, and don't forget to download the CauseConnect app to track your hours and available opportunities!

Chair Yoga

Date and Time: Wednesday, May 1 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Financial Workshop: Long Term Financial Goals

Date and Time: Wednesday, May 1 6:30 pm - 7:30 pm

Address: Bowmanville Library

Bowmanville Library or online via Zoom Wednesday, May 1 6:30-7:30pm

Adults | Registered -- register now!

Improve your financial literacy skills with specialized workshops. Join us in person or over Zoom.

In this session, learn about setting and achieving long term financial goals.

Presented with Aamir Amla, Financial Professional, AMA Financial Services.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Thursday, May 2, 2024

Infant Hearing Screening Clinic

Date and Time: Thursday, May 2 10:00 am - 5:00 pm

Address: Newcastle Library

Newcastle Library, Study Suite Alternate Thursdays; Apr 4, 18, May 2, 30, Jun 13, 27 (excluding May 16) 10am-5pm

Ages 2 months and under | Registered -- register now!

Advanced registration required for each 20 minute session through the Tri-Regional Infant Hearing Program at www.childdevelopmentprograms.ca/bookmybaby or 1-888-703-5437 x4.

Children develop speech and language skills by listening and imitating those around them, but these skills may be delayed in the case of deafness or hearing loss.

Sign up your infant for a screening if you have hearing-related concerns, and learn about the follow-up services available to your family.

Presented in partnership with Markham Stouffville Hospital, the lead agency for the Tri-Regional Infant Hearin g Program.

Durham College Community Employment Services (Orono)

Date and Time: Thursday, May 2 10:00 am - 12:00 pm

Address: Orono Library

Orono Library

Thursdays, Mar 14 to Jun 27

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, May 2 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, May 2 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, May 2 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Infant Massage (Newcastle)

Date and Time: Thursday, May 2 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at https://www.keyon.ca/.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Thursdays at the Museum

Date and Time: Thursday, May 2 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of Weather Report (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Online English Conversation Circle

Date and Time: Thursday, May 2 6:00 pm - 7:30 pm

Address: Virtual

Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, May 3, 2024

Stay and Play (Courtice)

Date and Time: Friday, May 3 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Orono)

Date and Time: Friday, May 3 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class

Date and Time: Friday, May 3 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, Apr 5 to Jun 28 (No classes on May 24 and 31) 1-2pm

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

TAG (Teen Advisory Group) (Courtice)

Date and Time: Friday, May 3 3:30 pm - 4:30 pm

Address: Courtice Library

Courtice Library Fridays; Apr 5, May 3; Jun 14 3:30-4:30pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Register through the Clarington Volunteers Portal, and don't forget to download the CauseConnect app to track your hours and available opportunities!

Saturday, May 4, 2024

MapleFest Book Sale

Date and Time: Saturday, May 4 9:00 am - 4:00 pm

Address: Community Event

Temperance St, Bowmanville Saturday, May 4 9am-4pm

All ages | Drop in

Drop by our book sale on Temperance Street during MapleFest to score some deals! Fill a CLMA bag for \$10!

Donations of materials will be accepted at all library locations April 26 to May 3.

Family Storytime (Newcastle)

Date and Time: Saturday, May 4 10:30 am - 11:00 am

Address: Newcastle Library

Newcastle Library Alternate Saturdays; Apr 6, 20, May 4, 18, Jun 1 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

Mother's Day Storytime (Bowmanville)

Date and Time: Saturday, May 4 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Saturday, May 4 10:30-11:30am

All ages | Drop in

Celebrate someone special in your family! Enjoy Mother's Day stories, songs and rhymes, then make a gift and a card.

May the 4th Be With You

Date and Time: Saturday, May 4 1:30 pm - 3:00 pm

Address: Multiple Locations

Bowmanville, Courtice, Newcastle Libraries Saturday, May 4 1:30-3:00pm

Grades JK-6 | Drop in

Celebrate all things Star Wars with fun activities with other fans of the galaxy far, far away. Costumes welcome!

Monday, May 6, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, May 6 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library
Mondays, Apr 8 to Jun 17 (excluding May 20)
10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Musical Babies (Courtice)

Date and Time: Monday, May 6 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm
Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Music and Movement (Newcastle)

Date and Time: Monday, May 6 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 15 to May 27 (excluding May 20) 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Zumba Gold

Date and Time: Monday, May 6 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 8 to Jun 24 (excluding May 20) 6-7pm

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Tuesday, May 7, 2024

Baby Bookworms (Newcastle)

Date and Time: Tuesday, May 7 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, May 7 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Tai Chi (1pm)

Date and Time: Tuesday, May 7 1:00 pm - 1:45 pm

Address: Newcastle Library

Newcastle Library
Tuesdays, Apr 30 to Jun 25
1-1:45pm
(Classes also offered at 2-2:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Date and Time: Tuesday, May 7 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Alternate Tuesdays; Apr 9, 23, May 7, 21, Jun 4, 18

1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at https://www.keyon.ca/.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, May 7 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library

Tuesdays, Mar 12 to Jun 25

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tai Chi (2pm)

Date and Time: Tuesday, May 7 2:00 pm - 2:45 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 30 to Jun 25 2-2:45pm (Classes also offered at 1-1:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Mindfulness Matters

Date and Time: Tuesday, May 7 6:30 pm - 7:30 pm

Address: Bowmanville Library

Bowmanville Library or online via Zoom Tuesday, May 7 6:30-7:30pm

Adults | Registered -- register now!

This workshop includes information on the importance of being still, how to be present, and learn how to apply mindfulness techniques in our day-to-day life. Join us in person or or Zoom.

Presented with Vee Karuna, The Coaching Mind. Vee is a Life Coach from Toronto who has a background in so cial work and mental health work experience.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Wednesday, May 8, 2024

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, May 8 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tales for Toddlers (Courtice)

Date and Time: Wednesday, May 8 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, May 8 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Musical Babies (Courtice)

Date and Time: Wednesday, May 8 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm
Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, May 8 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

Chair Yoga

Date and Time: Wednesday, May 8 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Clothing Repair Café: Simple Hand-Sewing Repairs

Date and Time: Wednesday, May 8 6:00 pm - 7:30 pm

Address: Courtice Library

Courtice Library, Maker's Space Wednesday, May 8 6-7:30pm

Adults | Registered -- register now!

Make your clothes last longer! Learn simple repairs such as replacing buttons, mending tears, and zipper replace ments, and explore the sewing resources in our Maker Space. Register for one, two, or all three sessions.

Sessions are:

- Standard Sewing Machine Repairs: Wednesday, Apr 24, 6-7:30pm
- Simple Hand-Sewing Repairs: Wednesday, May 8, 6-7:30pm
- Heavy Duty Fabrics: Wednesday, May 22, 6-7:30pm

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Thursday, May 9, 2024

Picturing Stories with Author Ruth Ohi

Date and Time: Thursday, May 9 10:00 am - 10:45 am

Address: Bowmanville Library

Bowmanville Library Thursday, May 9 10-10:45am

Grades K-2 | Drop in

Classes welcome -- confirm your classroom now!

Acclaimed Canadian author/Illustrator Ruth Ohi shares how having fun with scribbly doodles can grow a story! Ruth's call-and-response drawing demo gives the audience a chance to create a visual story with her through the ir suggestions. Kids will also get the chance to create their own doodley fun!

Durham College Community Employment Services (Orono)

Date and Time: Thursday, May 9 10:00 am - 12:00 pm

Address: Orono Library

Orono Library

Thursdays, Mar 14 to Jun 27

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, May 9 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e

arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, May 9 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, May 9 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Infant Massage (Newcastle)

Date and Time: Thursday, May 9 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at https://www.keyon.ca/.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Building Better Boundaries

Date and Time: Thursday, May 9 3:00 pm - 4:15 pm

Address: Bowmanville Library

Bowmanville Library Thursdays, May 9 - Jun 13 3-4:15pm

Adults | Registered -- register now!

Embark on a transformative journey towards reclaiming your autonomy and nurturing healthier relationships th rough the profound impact of boundaries. Discover how setting and maintaining personal boundaries can serve as a vital cornerstone for enhancing your mental, emotional, and physical well-being.

Throughout this course, we will delve into the essence of boundaries, equipping you with the knowledge and to ols to establish boundaries that resonate with your individual needs and aspirations.

Presented with Ontario Shores Centre for Mental Health Sciences.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Thursdays at the Museum

Date and Time: Thursday, May 9 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13 6-7pm

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of Weather Report (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

TAG (Teen Advisory Group) (Newcastle)

Date and Time: Thursday, May 9 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Thursdays; Apr 11, May 9, Jun 13 6-7pm

Grades 7-12 | Registered -- register today!

Earn volunteer hours at the library! Enthusiastic youth in grades 7-12 are invited to join our Teen Advisory Gro up. TAG members will have a say in library programs and services for teens and assist with children's programs, learn leadership skills and more.

Register through the Clarington Volunteers Portal, and don't forget to download the CauseConnect app to track your hours and available opportunities!

Online English Conversation Circle

Date and Time: Thursday, May 9 6:30 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Mother's Day Celebration [CANCELLED]

Date and Time: Thursday, May 9 6:30 pm - 8:00 pm

Address: Sarah Jane Williams Heritage Centre

[PLEASE NOTE THIS PROGRAM HAS BEEN CANCELLED]

Sarah Jane Williams Heritage Centre Thursday, May 9 6:30-8pm

Adults | Registered | Cost \$25 + non-refundable Eventbrite fees -- register now! Sales end May 1, 8pm

Celebrate mothers and others with CLMA! Join us for a special evening creating a spring garden arrangement a nd enjoying delicious treats.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Friday, May 10, 2024

Stay and Play (Orono)

Date and Time: Friday, May 10 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Courtice)

Date and Time: Friday, May 10 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class

Date and Time: Friday, May 10 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library Fridays, Apr 5 to Jun 28 (No classes on May 24 and 31) 1-2pm

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Babysitting Course (Bowmanville)

Date and Time: Saturday, May 11 10:15 am - 4:45 pm

Address: Bowmanville Library

Bowmanville Library Saturday, May 11 10:15am-4:45pm

Ages 11-15 | Registered -- <u>register now!</u> Cost \$65.00 + non-refundable Eventbrite fees; includes participant manual.

Presented with React Right Safety Services

Recommended that attendees bring a lunch or snack.

This course teaches youth the fundamental skills they need to start their own babysitting service. A Red Cross c ertified instructor from React Right Safety Services teaches the class.

Topics include:

- How to give appropriate care for infants, toddlers and school-aged children;
- Dealing with basic First Aid emergencies;
- How to recognize potential hazards;
- What parents expect of a babysitter;
- How to safely find customers; and
- Rural babysitting.

Note: Bring a teddy bear to practice on!

Caregivers and support staff for people with disabilities are admitted free of charge.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Mother's Day Storytime (Courtice)

Date and Time: Saturday, May 11 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Saturday, May 11 10:30-11:30am

All ages | Drop in

Celebrate someone special in your family! Enjoy Mother's Day stories, songs and rhymes, then make a gift and

a card.

Family Storytime (Courtice)

Date and Time: Saturday, May 11 10:30 am - 11:00 am

Address: Courtice Library

Courtice Library Alternate Saturdays; Apr 13, 27, May 11, 25, Jun 8, 22 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

Monday, May 13, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, May 13 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Mondays, Apr 8 to Jun 17 (excluding May 20) **10:30-11:30am**

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Musical Babies (Courtice)

Date and Time: Monday, May 13 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm
Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Music and Movement (Newcastle)

Date and Time: Monday, May 13 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 15 to May 27 (excluding May 20) 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Zumba Gold

Date and Time: Monday, May 13 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 8 to Jun 24 (excluding May 20) 6-7pm

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

Wednesdays: Chair YogaFridays: Falls Prevention Class

Tuesday, May 14, 2024

Flower Arranging 101

Date and Time: Tuesday, May 14 10:00 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, May 14 to Jun 4 10-11:30am

Adults | Registered | Cost \$25 + non-refundable Eventbrite service fee -- register now!

Have fun exploring your creative side while learning about colour and design principles in this 4-week flower a rranging course for beginners!

Cathy Pearson has her florist certification from Seneca College and has run her own business.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Baby Bookworms (Newcastle)

Date and Time: Tuesday, May 14 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, May 14 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

French Storytime | L'Heure du conte

Date and Time: Tuesday, May 14 11:45 am - 12:15 pm

Address: Bowmanville Library

Bowmanville Library Tuesdays; Apr 9, May 14, Jun 11 11:45am - 12:15pm

All ages | Drop in

Bonjour! Drop in for a fun French storytime! We'll sing songs, read books, and practice the language together! Fluency in French is not required, all are welcome.

Bonjour! Passez nous voir pour une heure d'histoires amusante! Nous allons chanter, lire des livres et pratiquer la langue français ensemble! La maÎtrise du français n'est pas requise, tous sont bienvenus.

Tai Chi (1pm)

Date and Time: Tuesday, May 14 1:00 pm - 1:45 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 30 to Jun 25 1-1:45pm (Classes also offered at 2-2:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, including strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o

ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, May 14 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library

Tuesdays, Mar 12 to Jun 25

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tai Chi (2pm)

Date and Time: Tuesday, May 14 2:00 pm - 2:45 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 30 to Jun 25 2-2:45pm (Classes also offered at 1-1:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Wednesday, May 15, 2024

Learn to Play Bridge [CANCELLED]

Date and Time: Wednesday, May 15 9:30 am - 11:30 am

Address: Bowmanville Library

PLEASE NOTE: this program has been cancelled

Bowmanville Library Wednesdays, May 15 to Jun 19 9:30-11:30am

Adults | Registered | Cost \$40 + non-refundable Eventbrite service fee

Learn the bridge card game, or brush up on your skills in this six-week course!

Alan Tibbles has been playing bridge for over 50 years and teaching for the past 11 years, privately and at Bow manville Older Adults Association. He also co-directs the Duplicate Bridge club at BOAA. Alan will teach the fundamentals of Contract Bridge and a basic set of standard conventions that will allow you to play all forms of the game in a variety of social settings.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Date and Time: Wednesday, May 15 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tales for Toddlers (Courtice)

Date and Time: Wednesday, May 15 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, May 15 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Musical Babies (Courtice)

Date and Time: Wednesday, May 15 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, May 15 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

Chair Yoga

Date and Time: Wednesday, May 15 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Financial Workshop: Building Savings and Wealth

Date and Time: Wednesday, May 15 6:30 pm - 7:30 pm

Address: Bowmanville Library

Bowmanville Library or online via Zoom Wednesday, May 15 6:30-7:30pm

Adults | Registered -- register now!

Improve your financial literacy skills with specialized workshops. Join us in person or over Zoom.

In this session, learn about building savings and wealth.

Presented with Aamir Amla, Financial Professional, AMA Financial Services.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Thursday, May 16, 2024

Durham College Community Employment Services (Orono)

Date and Time: Thursday, May 16 10:00 am - 12:00 pm

Address: Orono Library

Orono Library

Thursdays, Mar 14 to Jun 27

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27 Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, May 16 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, May 16 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, May 16 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Infant Massage (Newcastle)

Date and Time: Thursday, May 16 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at https://www.keyon.ca/.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Thursdays at the Museum

Date and Time: Thursday, May 16 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13 6-7pm

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of Weather Report (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Online English Conversation Circle

Date and Time: Thursday, May 16 6:30 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, May 17, 2024

Stay and Play (Courtice)

Date and Time: Friday, May 17 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Orono)

Date and Time: Friday, May 17 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Falls Prevention Class

Date and Time: Friday, May 17 1:00 pm - 2:00 pm

Address: Newcastle Library

Newcastle Library
Fridays, Apr 5 to Jun 28 (No classes on May 24 and 31)
1-2pm

Ages 55+ | Drop in

Learn exercises and balance activities that can help reduce your risk of falls. Increase your lower body and core strength, and improve balance and posture.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Saturday, May 18, 2024

Celebrate Clarington Culture: Chinese Festivals

Date and Time: Saturday, May 18 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library Saturday, May 18 10:30-11:30am

All ages | Drop in

Discover and celebrate Chinese Festivals that occur throughout the year!

Presented with the Chinese Cultural Centre of Greater Toronto.

Flappy Birds in Python (Maker's Space)

Date and Time: Saturday, May 18 10:30 am - 12:30 pm

Address: Courtice Library

Courtice Library, Maker's Space Saturday, May 18 10:30am-12:30pm

Grades 7 and up | Registered -- register now!

Learn to code in python by create the hit game Flappy Birds. Learn valuable coding and game development skill s. This is an intermediate coding program.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Family Storytime (Newcastle)

Date and Time: Saturday, May 18 10:30 am - 11:00 am

Address: Newcastle Library

Newcastle Library Alternate Saturdays; Apr 6, 20, May 4, 18, Jun 1 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

International Museums Day

Date and Time: Saturday, May 18 1:00 pm - 4:00 pm

Address: Waverley Place

Waverley Place Saturday, May 18 1-4pm

All ages | Drop in

Join us for drop-in tours of Waverley Place on International Museums Day!

Engineering Outreach Workshop: STEM (Gr 1-4, Bowmanville)

Date and Time: Saturday, May 18 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Saturday, May 18 2-4pm

Grades 1-4 | Registered -- register now!

Boost your child's STEM (science, technology, engineering, and math) skills with Ontario Tech University's Engineering Outreach!

Students will learn the fundamentals of the engineering design process and tackle design challenges, exploring h ow engineering can solve diverse and real-world issues.

Presented in partnership with Engineering Outreach, Faculty of Engineering and Applied Science, Ontario Tech University.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Monday, May 20, 2024

HOLIDAY HOURS: All CLMA Locations Closed

Date and Time: Monday, May 20 9:30 am - 8:00 pm

Address: All locations

Please note that all CLMA locations are closed on Monday, May 20 for Victoria Day.

Regular hours are in effect on Saturday, May 18 and Sunday, May 19.

Tuesday, May 21, 2024

Baby Bookworms (Newcastle)

Date and Time: Tuesday, May 21 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, May 21 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Tai Chi (1pm)

Date and Time: Tuesday, May 21 1:00 pm - 1:45 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 30 to Jun 25 1-1:45pm (Classes also offered at 2-2:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Infant Massage (Courtice)

Date and Time: Tuesday, May 21 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library Alternate Tuesdays; Apr 9, 23, May 7, 21, Jun 4, 18 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at https://www.keyon.ca/.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, May 21 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library

Tuesdays, Mar 12 to Jun 25

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tai Chi (2pm)

Date and Time: Tuesday, May 21 2:00 pm - 2:45 pm

Address: Newcastle Library

Newcastle Library
Tuesdays, Apr 30 to Jun 25
2-2:45pm

(Classes also offered at 1-1:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Wednesday, May 22, 2024

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, May 22 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tales for Toddlers (Courtice)

Date and Time: Wednesday, May 22 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, May 22 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Lunchtime Book Club

Date and Time: Wednesday, May 22 12:00 pm - 1:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays; Apr 24, May 22, Jun 26 12-1pm

Adults | Registered -- register now!

A literary brown bag! Enjoy your lunch and conversation with fellow readers at our monthly Lunchtime Book Club!

Books will be available for pickup at your preferred library location.

Upcoming titles:

- Apr 24: Hidden Valley Road by Robert Kolker
- May 22: The Calculating Stars by Mary Robinette Kowal
- Jun 26: Hum if You Don't Know the Words by Bianca Marais

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Musical Babies (Courtice)

Date and Time: Wednesday, May 22 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12

1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm
Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, May 22 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

Chair Yoga

Date and Time: Wednesday, May 22 4:00 pm - 5:00 pm

Address: Newcastle Library

Newcastle Library Wednesdays, Apr 3 to Jun 26 (no classes on May 29) 4-5pm

Ages 55+ | Drop in

Increase flexibility, relax the mind and body, and meet new people from your community with this gentle form of yoga! Classes are suitable for all fitness levels, with alternative movements or modifications provided.!

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

BACD Start Up Info Session

Date and Time: Wednesday, May 22 5:30 pm - 7:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesday, May 22 5:30-7pm

Adults | Registered -- register now!

Learn about the fundamental elements of success for every business (business concept, marketing and sales, ope rations and finance), and discover the steps needed to start successfully and to grow.

This session is ideal for budding entrepreneurs, or those considering opening their own small business or wanting to formalize their business operations. Start exploring the fundamentals of every successful business!

Presented with Business Advisory Centre Durham (BACD).

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Clothing Repair Café: Heavy Duty Fabrics

Date and Time: Wednesday, May 22 6:00 pm - 7:30 pm

Address: Courtice Library

Courtice Library, Maker's Space Wednesday, May 22 6-7:30pm

Adults | Registered -- register now!

Make your clothes last longer! Learn simple repairs such as replacing buttons, mending tears, and zipper replace ments, and explore the sewing resources in our Maker Space. Register for one, two, or all three sessions.

Sessions are:

- Standard Sewing Machine Repairs: Wednesday, Apr 24, 6-7:30pm
- Simple Hand-Sewing Repairs: Wednesday, May 8, 6-7:30pm
- **Heavy Duty Fabrics:** Wednesday, May 22, 6-7:30pm

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Thursday, May 23, 2024

Durham College Community Employment Services (Orono)

Date and Time: Thursday, May 23 10:00 am - 12:00 pm

Address: Orono Library

Orono Library

Thursdays, Mar 14 to Jun 27

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, May 23 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, May 23 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, May 23 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Infant Massage (Newcastle)

Date and Time: Thursday, May 23 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at https://www.keyon.ca/.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Thursdays at the Museum

Date and Time: Thursday, May 23 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13 6-7pm

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour
- Apr 18: Earth Day documentary, screening of Weather Report (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Online English Conversation Circle

Date and Time: Thursday, May 23 6:30 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, May 24, 2024

Stay and Play (Orono)

Date and Time: Friday, May 24 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Courtice)

Date and Time: Friday, May 24 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Saturday, May 25, 2024

Family Storytime (Courtice)

Date and Time: Saturday, May 25 10:30 am - 11:00 am

Address: Courtice Library

Courtice Library Alternate Saturdays; Apr 13, 27, May 11, 25, Jun 8, 22 10:30-11:00am

All ages | Drop in

Join us for stories, songs and fun!

At Home On My Own (Bowmanville)

Date and Time: Saturday, May 25 10:30 am - 2:30 pm

Address: Bowmanville Library

Bowmanville Library Saturday, May 25 10:30am-2:30pm

Ages 10-12 | Registered -- <u>register now!</u> Cost \$65.00 + non-refundable Eventbrite fees; includes participant manual.

Presented with React Right Safety Services

Recommended that attendees bring a lunch or snack.

This Canadian Safety Council course gives youth the tools and information they need to stay at home alone for short periods of time. The course is facilitated by Red Cross certified instructors from React Right Safety Services.

Topics include:

- Looking after the house key (make a key chain);
- Preparing healthy snacks;*
- Walking home;
- Appropriate activities when home alone;
- Electrical/fire safety;
- Basic First Aid; and
- Problem solving (house broken into, severe weather).

Note: A healthy snack will be prepared during this program. Please advise staff of any allergies at time of regist ration.

Caregivers and support staff for people with disabilities are admitted free of charge.

Please note that caregivers of children under the age of 10 must be present in the Library for the duration of the program.

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Monday, May 27, 2024

Stay and Play (Bowmanville)

Date and Time: Monday, May 27 10:30 am - 11:30 am

Address: Bowmanville Library

Bowmanville Library
Mondays, Apr 8 to Jun 17 (excluding May 20)
10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Musical Babies (Courtice)

Date and Time: Monday, May 27 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music

al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Music and Movement (Newcastle)

Date and Time: Monday, May 27 1:30 pm - 2:30 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 15 to May 27 (excluding May 20) 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Zumba Gold

Date and Time: Monday, May 27 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library Mondays, Apr 8 to Jun 24 (excluding May 20) 6-7pm

Ages 55+ | Drop in

Enjoy low impact movements and lower intensity with fun, music, and fitness. Suitable for any fitness level; no experience required.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

• Mondays: Zumba Gold

• Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Tuesday, May 28, 2024

Baby Bookworms (Newcastle)

Date and Time: Tuesday, May 28 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Tales for Toddlers (Bowmanville)

Date and Time: Tuesday, May 28 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Tuesdays, Apr 2 to Jun 18 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Tai Chi (1pm)

Date and Time: Tuesday, May 28 1:00 pm - 1:45 pm

Address: Newcastle Library

Newcastle Library
Tuesdays, Apr 30 to Jun 25
1-1:45pm
(Classes also offered at 2-2:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

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• Fridays: Falls Prevention Class

Durham College Community Employment Services (Newcastle)

Date and Time: Tuesday, May 28 1:30 pm - 4:30 pm

Address: Newcastle Library

Newcastle Library

Tuesdays, Mar 12 to Jun 25

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 12, 26; Apr 9, 23; May 7, 21; Jun 4, 18 Job searches and resume building assistance: Mar 19; Apr 2, 16, 30; May 14, 28; Jun 11, 25

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Tai Chi (2pm)

Date and Time: Tuesday, May 28 2:00 pm - 2:45 pm

Address: Newcastle Library

Newcastle Library Tuesdays, Apr 30 to Jun 25 2-2:45pm

(Classes also offered at 1-1:45pm)

Ages 55+ | Drop in

Discover the slow, intentional movements of tai chi. This form of gentle exercise and moving meditation, benef its both mental and physical health No experience required.

With classes incorporating gentle movements and changes in physical postures, Tai Chi is a great form of exerci se for many older adults. Regular participation in Tai Chi has shown to promote improvements in fitness, inclu ding strength, endurance, flexibility, and balance. Classes are free and open to older adults 55 years of age and o ver. No previous experience is needed, but movements are done in a standing position and require participants t o do so independently.

Presented in partnership with Community Care Durham.

Be sure to check out our other programs offered in partnership with Community Care Durham!

Mondays: Zumba Gold Tuesdays: Tai Chi

• Wednesdays: Chair Yoga

• Fridays: Falls Prevention Class

Book Club (Newcastle)

Date and Time: Tuesday, May 28 6:00 pm - 7:00 pm

Address: Newcastle Library

Newcastle Library or online via Zoom Tuesdays; Apr 23, May 28; Jun 25 6-7pm

Adults | Registered -- register now!

First rule about book club? Talk about book club! Drop in to discuss books and literature with your fellow rea ders!

Books will be available for pickup at your preferred library location.

Upcoming titles:

- Apr 23: The Woman in Cabin 10 by Ruth Ware
- May 28: Afterlife by Julia Alvarez
- Jun 25: Vinyl Café Turns the Page by Stuart McLean

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Stay and Play (Sarah Jane Williams HC)

Date and Time: Wednesday, May 29 10:30 am - 11:30 am

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Center Wednesdays, Apr 3 to Jun 19 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Tales for Toddlers (Courtice)

Date and Time: Wednesday, May 29 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Bowmanville)

Date and Time: Wednesday, May 29 10:30 am - 11:15 am

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 19 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 19 with Councillor Rang!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Musical Babies (Courtice)

Date and Time: Wednesday, May 29 1:30 pm - 3:00 pm

Address: Courtice Library

Courtice Library

Wednesdays, Apr 3 to Jun 12 1:30-3pm Ages birth to pre-crawling | Drop in

Mondays, Apr 8 to Jun 17 (excluding May 20) 1:30-3pm
Ages crawling up to 15 months | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Tech Help Desk

Date and Time: Wednesday, May 29 2:00 pm - 4:00 pm

Address: Bowmanville Library

Bowmanville Library Wednesdays, Apr 3 to Jun 26 2-4pm

All Ages | Drop in

Do you need help with a device or online resource? Visit our Tech Help Desk and we'll work together to solve your technology troubles.

Thursday, May 30, 2024

Infant Hearing Screening Clinic

Date and Time: Thursday, May 30 10:00 am - 5:00 pm

Address: Newcastle Library

Newcastle Library, Study Suite

Alternate Thursdays; Apr 4, 18, May 2, 30, Jun 13, 27 (excluding May 16)

10am-5pm

Ages 2 months and under | Registered -- register now!

Advanced registration required for each 20 minute session through the Tri-Regional Infant Hearing Program at www.childdevelopmentprograms.ca/bookmybaby or 1-888-703-5437 x4.

Children develop speech and language skills by listening and imitating those around them, but these skills may be delayed in the case of deafness or hearing loss.

Sign up your infant for a screening if you have hearing-related concerns, and learn about the follow-up services available to your family.

Presented in partnership with Markham Stouffville Hospital, the lead agency for the Tri-Regional Infant Hearin g Program.

Durham College Community Employment Services (Orono)

Date and Time: Thursday, May 30 10:00 am - 12:00 pm

Address: Orono Library

Orono Library

Thursdays, Mar 14 to Jun 27

Adults | Registered -- please call Durham College CES Bowmanville Office at 905-697-4472 to register

In-take appointments: Mar 14, 28; Apr 11, 25; May 9, 23; Jun 6, 20 Job searches and resume building assistance: Mar 21; Apr 4, 18; May 2, 16, 30; Jun 13, 27

Give your career and skills a boost with Durham College Community Employment Services! Their free service s include:

- Professional assistance with resumes and cover letters;
- Job search support;
- Employment Counselling support; and
- Interview skills practice and advice.

Sessions and services are available by appointment only. Please call Durham College CES Bowmanville Office at 905-697-4472 to register.

Author Visit: Heather M O'Connor

Date and Time: Thursday, May 30 10:00 am - 11:00 am

Address: Bowmanville Library

Bowmanville Library

Thursday, May 30 10-11am

Grades JK-6 | Drop in Classes welcome -- confirm your classroom now!

Celebrate AccessAbility Week with award-winning author Heather M. O'Connor!

About Heather M. O'Connor

Heather M. O'Connor is an award-winning children's author and freelance writer, based in Peterborough, Ontar io.

Her debut picture book FAST FRIENDS, illustrated by Claudia Davila, was published by Scholastic Canada in 2020. It received a number of awards and honours, including the Ruth and Sylvia Schwartz Award.

FAST FRIENDS was also chosen for the 2022 TD Grade One Book Giveaway. This literacy initiative gave out more than half a million copies of FAST FRIENDS last year, one to every Grade 1 student in Canada. Young readers can continue reading about Suze and Tyson in the sequel, FRIENDS FIND A WAY, which comes out this September.

Heather has also written two picture books about the Ojibwe Horse with Darcy Whitecrow. RUNS WITH THE STARS/WIIJIBIBAMATOON-ANANGOONAN, was published in 2022 by Second Story Press. It comes in English and in English/Ojibwe. ACROSS THE ICE: HOW WE SAVED THE OJIBWE HORSE will be published by Candlewick Press in 2025.

Tales for Toddlers (Newcastle)

Date and Time: Thursday, May 30 10:30 am - 11:15 am

Address: Newcastle Library

Newcastle Library Thursdays, Apr 4 to Jun 20 10:30-11:15am

Ages 1.5 - 3 | Drop in

Enjoy stories, songs and rhymes using the skills taught in Every Child Ready to Read©, designed to help build e arly literacy skills!

Baby Bookworms (Courtice)

Date and Time: Thursday, May 30 10:30 am - 11:15 am

Address: Courtice Library

Courtice Library

Thursdays, Apr 4 to Jun 20 10:30-11:15am

Please note: a Mayor and Councillor Storytime is being held on Jun 6 with Councillor Elhajjeh!

Ages 0-3 | Drop in

Drop in each week for stories, songs and rhymes, followed by a social playtime!

Music and Movement (Courtice)

Date and Time: Thursday, May 30 1:30 pm - 2:30 pm

Address: Courtice Library

Courtice Library Thursdays, Apr 4 to Jun 27 1:30-2:30pm

Ages birth to 6 years | Drop in

This program will introduce children to interactive songs, nursery rhymes, music, creative movement and music al instruments. Parents/caregivers will learn how to make and incorporate music and musical instruments into y our child's everyday play experiences while promoting a healthy lifestyle and intimate social bonds.

Presented with EarlyON Child and Family Centres.

Infant Massage (Newcastle)

Date and Time: Thursday, May 30 1:30 pm - 3:00 pm

Address: Newcastle Library

Newcastle Library Thursdays, Apr 11 to May 30 1:30-3pm

Ages birth to 12 months | Registered -- register now!

Please note: separate registration required for each session. Registration is through the EarlyON KeyON syste m at https://www.keyon.ca/.

Learn techniques in Infant massage that will promote healthy development, growth and positive interaction bet ween parents/caregivers and children in this course.

This course is facilitated by a certified infant massage instructor.

Presented with EarlyON Child and Family Centres.

Book Club (Orono)

Date and Time: Thursday, May 30 3:00 pm - 4:00 pm

Address: Orono Library

Newcastle Library Thursdays; Apr 25, May 30; 3-4pm Thursday, Jun 27, 2-3pm

Please note: May 23 session has been changed to May 30; Jun 27 session being held 2-3pm

Adults | Registered -- register now!

First rule about book club? Talk about book club! Drop in to discuss books and literature with your fellow rea ders!

Books will be available for pickup at your preferred library location.

Upcoming titles:

• Apr 25: Giver of Stars by JoJo Moyes

• May 30: The Last Thing He Told Me by Laura Dave

• Jun 27: Book Lovers by Emily Henry

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Thursdays at the Museum

Date and Time: Thursday, May 30 6:00 pm - 7:00 pm

Address: Sarah Jane Williams Heritage Centre

Sarah Jane Williams Heritage Centre Thursdays, Apr 4 to Jun 13 6-7pm

Adults | Registered recommended; drop in's welcome space pending -- register now!

Please note: separate registration is required for each week

Please click the "See More" button for weekly topics!

Enjoy informal chats about local history topics! Bring your curiosity and friends and learn something new!

Upcoming topics include:

- Apr 4: Genealogy Research Tips
- Apr 11: After Hours at Waverley Tour

- Apr 18: Earth Day documentary, screening of *Weather Report* (2007)
- Apr 25: Local Heritage Souvenirs Show & Tell
- May 2: History of the Rotary Club in Bowmanville
- May 9: Guided Tours of Waverley Place (drop in)
- May 16: Jury Lands Foundation Presentation: Camp 30 Stories: How a "Boy Mayor" inspired the Boys Training School
- May 23: Pop-up Exhibit: Books to Educate
- May 30: Show and Tell: Retro Recipe Rewind: Recipe Sharing
- Jun 6: Documentary Screening: Remembering D-Day
- Jun 13: Social Night: Vintage Games

Register <u>online</u>, by phone by calling Information Services at 905-623-7322 x2712, or in person at any CL MA library location.

Online English Conversation Circle

Date and Time: Thursday, May 30 6:30 pm - 7:30 pm

Address: Virtual

Online via Zoom Thursdays, Apr 4 to Jun 13 6:30-7:30pm

Adults | Registered -- register now!

Practice speaking English and learn more about the Clarington community and life in Canada! Join the English Conversation Circle and discover English as a Second Language resources, get connected to your community a nd new friends, and practice your English speaking skills!

Presented with Community Development Council Durham (CDCD).

Friday, May 31, 2024

Stay and Play (Courtice)

Date and Time: Friday, May 31 10:30 am - 11:30 am

Address: Courtice Library

Courtice Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

Stay and Play (Orono)

Date and Time: Friday, May 31 10:30 am - 11:30 am

Address: Orono Library

Orono Library Fridays, Apr 5 to Jun 21 10:30-11:30am

Ages 0-5 | Drop in

Have fun and make new friends! Children and their caregivers will have an opportunity to play, explore and soci alize. This is a casual program, please feel free to arrive late or leave early.

http://events.cplma.ca